

VANTAGE

AUGUST 2014 • £3.50

FOUND IN Translation

WHY A HOLIDAY COULD CHANGE YOUR LIFE

Breakfast with the HEMSLEYS

JASMINE AND MELISSA TALK FOOD, FASHION AND FAMILY







LA PERLA



Julia Restoin Roitfeld
shot by P. Demarchelier

EVERY WOMAN
HAS A SECRET



SAVELLI
GENÈVE

GOOGLE ANDROID SMARTPHONE ~ RED ALLIGATOR LEATHER ~ 18 KT ROSE GOLD
MADE IN SWITZERLAND

AVAILABLE EXCLUSIVELY AT HARRODS IN THE FINE JEWELLERY ROOM



STEINWAY & SONS

For information on Steinway & Sons pianos or to arrange a private appointment to visit our London showrooms, please call 0207 487 3391 or email info@steinway.co.uk

WWW.STEINWAYHALL.CO.UK



STEINWAY & SONS

CONTENTS

16



Off to a good start

- 12 **THE POWER OF TRAVEL**
The experts explain why going on your summer holiday might be the best thing you ever do
- 16 **A CINDERELLA STORY**
The luxury shoe industry continues to thrive

Collection

- 23 **JEWELLERY NEWS**
Diamonds from De Beers
- 24 **JEWELLERY TREND**
Take inspiration from a rainbow
- 28 **THE GREAT OUTDOORS**
Watches for the elite adventurer

Scene

- 34 **AUGUST DIARY**
This month's cultural attractions



24



86

- 36 **GRAND SUPREME**
The literary sensation Philippa Gregory talks Tudor history and trashy television
- 40 **THE RENAISSANCE RADICAL**
The art history of Hieronymus Bosch explored in a new book

Style

- 45 **WISHLIST**
Gothic glamour from Alexander McQueen pre-fall 2014 is Sarah Burton's latest master stroke
- 46 **STYLE UPDATE**
Stuart Weitzman and Fendi's next fashion footsteps
- 57 **BEST OF BEAUTY**
Hotly-tipped beauty releases
- 58 **BEAUTY NEWS**
New venues, essentials and a lot of beauty-based fun



60

- 60 **THE INTERNATIONAL ART OF BEAUTY**
The best make-up trends from around the globe, on one page
- 63 **AVEDA SAYS 'RELAX'**
Put to the test: a massage clinically proven (and trademarked) to induce relaxation

Interiors

- 65 **WISHLIST**
Get ready for STRARTA
- 66 **INTERIORS NEWS**
From vintage wallpaper to mod-cons, Galerie Wallcovering and YOO Home have it covered
- 68 **CABIN FEVER**
Private jets and superyachts are the new canvases for interior design

Health & Family

- 75 **WISHLIST**
Dress up o'clock with Childrensalon
- 78 **HEALTH NEWS**
A slice of Austrian health philosophy at the Corinthia and pre-natal treats in St John's Wood

Food & Drink

- 83 **WISHLIST**
Selfridges' rooftop rendezvous
- 86 **BREAKFAST WITH THE HEMSLEYS**
Melissa and Jasmine share their food knowledge

Travel

- 91 **WISHLIST**
Sofitel's seventh heaven
- 98 **THE ROYAL TREATMENT**
Unique luxury in Morocco
- 102 **PARADISE FOUND**
LUX Belle Mare in all of its glory



OFFICIAL WATCHMAKER

CONFEDERAÇÃO BRASILEIRA DE FUTEBOL



TONDA METROPOLITAINE

Steel
Automatic movement
Steel bracelet

Made in Switzerland

www.parmigiani.ch

PARMIGIANI

FLEURIER

ATELIER PARMIGIANI

97 MOUNT STREET, MAYFAIR, LONDON W1K 2TD, TEL. 020 7495 5172, ATELIERUK@PARMIGIANI.COM

LONDON | SELFRIDGES, THE WONDER ROOM | ARIJE | HARRODS, MONTREUX JAZZ CAFE

From the editor



As August approaches, pre-summer diets seem like a distant memory, clouded by a banquet of seafood paella lunches and buttery croissant breakfasts. But not so for Jasmine and Melissa Hemsley, for whom eating well is far from a fad; it's a way of life. The gorgeous sisters behind bespoke food delivery brand Hemsley + Hemsley create some truly mouthwatering dishes for Harriet Baker, free from gluten, high

starch and refined sugar, which somehow don't even feel like diet-friendly meals. Get back on that wagon (p. 86).

With memories of sun-soaked beaches and evening strolls either fresh in your mind or just around the corner, it's easy to agree that time away from home does us good – the question is, why? The answer is not as simple as you'd think, says Gabrielle Lane (p. 12). From the lush, curvaceous interior designs of the 1980s, made famous by Ken Freivokh at Sunseeker, to the classic luxury of private jet décor inspired by Air Force One, travelling in style has long been important to the world's most affluent and influential. Jennifer Mason explores the superyachts and private jets at the forefront of the interior design world (p. 68). And inspired by the holiday season, Danielle Betts looks to distant shores for beauty inspiration and uncovers the trends making an impact overseas (p. 60).

Elsewhere, I talk to one of my favourite authors, Philippa Gregory, ahead of the release of her latest book, *The King's Curse*. Aside from high-brow history, I am amused to discover her penchant for seriously trashy TV: from Tudor royals to *Toddlers & Tiaras*, she knows the importance of a queen's role in history (p. 36). And as Taschen publishes a new (extremely heavy) tome exploring the wonderful world and work of surrealist artist Hieronymus Bosch, Jack Watkins explores the method in his madness with author Stefan Fischer (p. 40). We recommend the former for a great beach read – and pumping the latter for perfectly toned triceps.

Kari Rosenberg
Editor

VANTAGE

AUGUST 2014 ISSUE 49

Editor
Kari Rosenberg

Deputy Editor
Gabrielle Lane

Collection Editor
Annabel Harrison

Contributing Editor
Richard Brown

Sub Editor
Jasmine Phillips

Feature Writers
Olivia Sharpe, Danielle Betts

Senior Designer
Daniel Poole

Editorial Director
Kate Harrison

Production
Alex Powell, Hugo Wheatley, Oscar Viney

General Manager
Fiona Fenwick

Executive Director
Sophie Roberts

Client Relationship Director
Felicity Morgan-Harvey

Head of Finance
Elton Hopkins

Managing Director
Eren Elkwood

Proudly published by

RWAG
RUNWILD MEDIA GROUP

6th Floor, One Canada Square
Canary Wharf, London, E14 5AX
020 7987 4320 ♦ rwmg.co.uk



Members of the Professional Publishers Association

Runwild Media Ltd. cannot accept responsibility for unsolicited submissions, manuscripts and photographs. While every care is taken, prices and details are subject to change and Runwild Media Ltd. takes no responsibility for omissions or errors. We reserve the right to publish and edit any letters. All rights reserved.

DISTRIBUTION

Vantage magazine is distributed throughout Hampstead, Highgate, Primrose Hill, St John's Wood, Maida Vale, Marylebone, Regent's Park and the surrounding areas. For complete maps please visit our website.

Follow us on Twitter @VantageNW

Breakfast with the Hemsleys, p. 86
Photography by Nick Hopper

Runwild Media Group
Publishers of:
Canary Wharf, The City Magazine
The Kensington & Chelsea Magazine
The Mayfair Magazine



Rabarama | Trans-posizione - Painted Bronze



STRARTA ART FAIR

CHELSEA

25 - 29 SEPTEMBER 2014

www.strarta.com





The POWER OF TRAVEL

Post-holiday blues? Fear not. The benefits of a break may be waiting for you at home after all, writes *Gabrielle Lane*

“Anything that allows people to be mindful has got to be a good thing.” Having spearheaded the growth in the popularity of meditation amongst frazzled Londoners, Headspace co-founder Andy Puddicombe is an advocate of the holiday season. And, with memories of sun-soaked beaches, evening strolls and lazy dinners at dusk still fresh in my mind, it’s easy to agree that time away from home does us all some good. The question is, why? Funnily enough, the answer is not as simple as you’d think.

“At Headspace we define being mindful as the intention to be present in the here and now, fully engaged in whatever is happening, free from distraction or judgement, with a soft and open mind. I think that travel represents a wonderful opportunity for mindfulness – you’ve got all of these new sights, sounds and experiences to appreciate. After all, you want to get the most from your holiday experience rather than being lost in thoughts of the past or worries about the future. ▶

◆ “However, the important thing is to create a habit of mindfulness that you can bring back to your everyday life,” he adds. Therein lies the paradox, and it’s the reason why American physicist and social reformer Robert W Fuller declares: “Travel fails as an escape but it succeeds as confrontation.”

“Non-travellers are more susceptible to habitual seeing and thinking; travelling jolts us awake,” Fuller explains. “Travel breaks stereotypes and we get to see for ourselves and form our own impressions. It not only invites us to see the world anew, but it gives us an unaccustomed look at who is doing the seeing. None of the benefits of travel compare to the oblique glance it allows us of ourselves – to see what it is that we are habitually doing and the anonymity to risk new ways of being in the world. So we do not travel to get away from it all. Once your travels have shown you what it means to see freshly, you realise that you can almost do so without leaving home.”

Of course, with the frenetic pace of London life, many believe that it is difficult to tap into a refreshed

“Guests leave the retreats with an incredible sense of energy, lightness and brightness, renewed enthusiasm for exercise and eating well,” confirms Brierley.

Having travelled while working as a model since she was 14-years-old (and recently teamed up with Debrett’s for a travel wallet collection), Jodie Kidd has had her fair share of new experiences. Although she admits that she would “really like to do French Polynesia, really remote and off the beaten track,” she agrees that her most influential break was not one that was just geared around relaxation. “My partner and I just did a classic car race through Italy called the Mille Miglia. That definitely was hard-core. We went, the two of us, to go and drive a lovely XK120 Jaguar all around Italy; we thought it was going to be wonderful and fabulous and glamorous. We had about five hours sleep over two days. I’d never driven a car like it in my life. We went round to Sienna, Rome, Bologna and then back up [the coast] – but you don’t stop. You’d [almost] have to time travel, so you’d have moments where you’d have ten stopwatches on board. It was a

“As we struggle to reconcile what we’re experiencing with what we take for granted we strip away what’s arbitrary in cultural practice and approach what is universal”

mental state while at home. For this reason, ten years ago former City finance worker Kathryn Brierley founded in:spa, a brand offering group training, hiking and yoga breaks, led by experts. In 2009, she then went one step further and brought hotels, destination spas and activity providers together under the umbrella of The Healthy Holiday Company. “It was all too easy to take a week off and eat and drink too much and return to work feeling more exhausted than when you left,” she says of her old lifestyle. “I thought how wonderful it would be to put yourself in the hands of health and fitness experts in the week, who could get you fitter and leaner... as well as work on relaxation techniques through yoga. An enormous change can be made in just seven days and many guests regularly book in once or twice a year for their health MOT.”

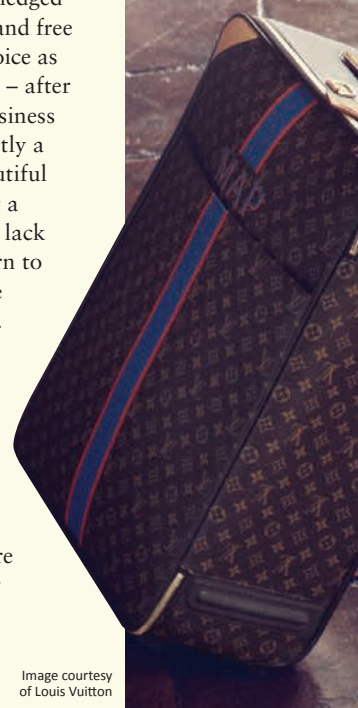
At the most extravagant end of the spectrum, The Healthy Holiday Company can organise the hire of private islands, such as Tagomago off the coast of Ibiza, and provide staff and a wellness team to manage all manner of dietary and wellness requirements. Considered together with the opportunity to snowboard with a world champion in Italy and go trail running with a leading triathlete in South Africa, it’s easy to see that a profound travel experience could provide much needed encouragement to make a change.

very high-pressured thing to do as a couple!”

However, dramatic experiences don’t have to be positive for them to be worthwhile. Designer Savannah Miller recently made headlines detailing the difficulties she faced when living with her family in Panama for a year. Writing in the *Daily Mail*, Miller acknowledged that while she craved “living supposedly wild and free in the jungles of Panama,” – describing the choice as “the middle-class dreamer’s ultimate fantasy,” – after a serious bout of postnatal depression and business difficulties, life in the wilderness “wasn’t exactly a walk in the park.” Savannah enjoyed the beautiful scenery and the company of good friends, but a boating accident, the extreme climate and the lack of familiar food and resources led her to return to the UK. “I realise I have learned a very simple lesson,” she wrote. “I appreciate everything... yet I don’t regret a single minute of it. My anxiety has eased, I am closer than ever to my children and I have come back to work with a fighting spirit... It is good to be home.”

For Robert W Fuller, Miller’s is a textbook case illustrating the power of travel. “Fear is part of what makes travel so enlivening and revelatory,” he explains. “You’re perpetually off-balance and on guard and after

Image courtesy of Louis Vuitton





a while one yearns for the mindlessness of familiar routines. Travel is like a truth serum and I can't think of a better vaccine against [negativity]. As we struggle to reconcile what we're experiencing with what we take for granted, we strip away what's arbitrary in cultural practice and approach what is universal. And when you do return home, old pleasures are much sweeter for having been suspended."

Whether opting for luxury retreats or a back-to-basics lifestyle, pursuing new habits or appreciating old ones, the experts' advice when it comes to travel is simply to *do it*: "We have seen demand grow across many demographics for healthier holidays in general," says Kathryn Brierley. "Holidays are restorative and it's wonderful to be able to dedicate that time away to one's own wellbeing, as so often exercise and healthy eating are pushed aside when the stresses of work and home life take over."

Andy Puddicombe agrees: "More and more people are coming to mindfulness as a result of pressures in their own lives. There are a number of factors at play and technology is definitely one of them. Making mindfulness the purpose of a holiday allows people to make the choice to leave behind work email and phone calls and check in with themselves. Finally, I think people are coming to appreciate how key looking after their mind is; it's becoming part of the culture in the same way that physical fitness did 20 or 30 years ago. These holidays are a reflection of that."

It is important to note, however, that the opinion that time out is good for you, isn't just one based on psychological or spiritual theory. A growing body of scientific evidence suggests that regular mental relaxation has a cumulative impact on the biology of the brain, leading to long term positive effects. Studies, including those carried out at the University of Pittsburg, indicate that when we engage in activities that allow us to be mindful, the amygdala – the area of the brain involved in initiating the body's 'fight or flight' response to stress – shrinks. In addition, areas controlling functions such as decision-making, awareness and concentration, increase in thickness and strengthen their connections with other brain regions. This is interpreted by many researchers as a sign that with more time spent in a reflective state, our bodies naturally learn to suppress our primal instincts in favour of more thoughtful (and peaceful) action.

Andy Puddicombe is pleased that 'taking a break' is being taken seriously. "What surprises me is that it's taken this long," he sighs. "Your head's a pretty important part of your body, after all." ■

headspace.com; robertworksfuller.com;
thehealthyholidaycompany.co.uk;
debretts.com/debretts-shop



A
Cinderella
STORY



As we prepare to welcome a new season of footwear masterpieces, *Gabrielle Lane* asks the experts why our shoe collection will always take pride of place within our wardrobe

PHOTOGRAPHY / *ANDY GRIMSHAW*

STYLING / *BOO ATTWOOD*



PREVIOUS PAGE

Desiree in Bloom court shoe with satin flower accessory, £865, Charlotte Olympia charlotteolympia.com;
Bridgette in orange, white and dark brown, £295, Joanne Stoker, joannestoker.com;
Aztec heel, £895, Christian Louboutin, christianlouboutin.com;
Kamaris black suede and lace ankle boots, £895, Jimmy Choo, jimmychoo.com;
Queen quartz sugar lace heel, £322, Stuart Weitzman, uk.stuartweitzman.com;
Black chunky heel with metallic pattern, £403, Pollini, pollini.com;
Madeline Black Croc, £195, Lucy Choi London, lucychoilondon.com

THIS PAGE

Galata in patent, £595, Christian Louboutin, as before;
Riko cutout patent-leather sandals, £525, Sophia Webster, net-a-porter.com

When it comes to exquisite shoes price-per-wear justification is often null and void. After all, Swarovski-crystal encrusted Louboutins (at approximately £2,395) are daily attire for very few. However, against whispers of a slowdown in the fortunes of the luxury goods market as whole, industry insiders are stating what the well-heeled woman has long known – we continue to love our Manolos, and if specific stock replenishment rates are to be believed, we favour our Guccis and Jimmy Choos in particular.

Last year global management consulting firm Bain & Company indicated that leather goods and shoes constituted the largest luxury market share, while eight out of ten of the world's largest online premium retailers (including Harrods, Harvey Nichols and Net-a-Porter) devote their biggest shopping category to footwear. "Shoes are by far the bestsellers on the internet," explains Magali Ginsburg, head of buying and category management at shooscribe.com. "Stylish women are more eclectic with their choices when it comes to footwear: the most elegant woman

another theory on what is fuelling the success of the footwear market: the appeal of luxury shoes has been boosted by the spotlight on red carpet fashion. "There are more paparazzi and media on the edge of the red carpet than in all of London. Such exposure, on so many admired women cannot be matched anywhere."

For this reason, Jimmy Choo (purchased by luxury goods stable Labelux GmbH for \$811 million in 2011) recently named actress Nicole Kidman as the face of its pre-fall 2014 collection. Off the record, the company's marketing executives admit that past loyalties shown by clients including the late Princess Diana propelled its lucrative operations in 180 locations, across 32 countries. With its latest capsule collection, CHOO.0.8°, the current goal is to take this allure and tap into the daytime requirements of its consumers, thanks to a range including biker boots and slip-on trainers in butter-soft suede and vibrant shades of python skin.

"I love feminine silhouettes, and Jimmy Choo has become synonymous with the iconic stiletto which we continue to reinterpret with every collection. However, I know from my own busy life and from speaking to

“A versatile pair of shoes can complete any look. Shoes will continue to be the biggest wardrobe investment piece as they provide an instant update to any outfit”

would equally wear a beautiful pair of stilettos or cool trainers. For this reason, in 2012, we decided to launch an online destination dedicated exclusively to these kinds of products.”

For the fashion-conscious, a passion for shoes – and a wardrobe of heels – is almost obligatory. “A versatile pair of shoes can complete any look. Shoes will continue to be the biggest wardrobe investment piece as they provide an instant update to any outfit,” agrees Laura Larbalestier, buying director of Browns, who notes that shoppers are currently snapping up more distinctive styles.

The excitement shown by a wearer also directly inspires renowned shoe designer Stuart Weitzman, who has been creating footwear – including his popular 5050 Boot – for 25 years. I ask him what he likes about being a shoe designer. “It’s more like a hobby than a job and one that brings smiles, pleasure and attitude to the audience. I love it,” comes the reply.

Commercially, however, shoes have different fates and Weitzman knows what works. “Think black, black, black. And nude... plus sexy!” He also has

other women, that we also crave the same glamour and attitude in shoes that we can run around in all day, which is why I created the CHOO.0.8° mood,” says the brand's creative director, Sandra Choi, the niece of the brand's original founder, Jimmy Choo.

Recognising the new breed of multi-tasking, designer-savvy women, Weitzman concurs that women desiring more unique and creative styles “has allowed us [shoe-makers] to offer more variety in design.”

But why are these women lusting after shoes as opposed to hats or handbags? Giorgio Riello, associate professor in Global History and Culture at the University of Warwick and co-author of *Shoes: A History from Sandals to Sneakers*, thinks that it is simply because shoes allow us to move within our environments that has made them such a powerful and important part of our wardrobes. “They are the tools that amplify our bodies’ capabilities,” he writes. “Everyday, shoes allow us to walk to work, to run for the bus, to look smart at a party... Shoes thus extend our social and emotional capabilities, as well as our physical capacity.” So choose your next pair wisely. ■



HERVE LEGER LONDON BOUTIQUE 29 LOWNDES STREET LONDON SW.1X 9HX T +44 20 7201 2594

**HERVE
LEGER**

BY MAX AZRIA



WISH *list*



SYMPHONIC SEDUCTION

Not only is it drop-dead gorgeous but Parmigiani Fleurier's *Tecnica Ombre Blanche* is also one of the most complicated timepieces in production. Housing a tourbillon, a minute repeater, a perpetual calendar and a power reserve indicator, it incorporates some of the most prestigious functions in watchmaking. Proof that Parmigiani has mastered the most complex horological pursuits, the *Tecnica Ombre Blanche* will chime the hours, quarter hours and minutes of the day with enchanting clarity. At 13mm thick, the rose-gold case is particularly slender for a timepiece with 504 components and a minute repeater, activated by pivoting a knurled bezel integrated into the profile of the watch rather than through a traditional side bolt. The watch, perhaps unsurprisingly, costs £445,000.

97 Mount Street, W1K; parmigiani.ch

DOES YOUR INSURER VALUE YOUR MOST PRECIOUS ASSETS AS MUCH AS YOU DO?



Four out of five owners of valuable possessions arrange insurance policies that under insure their assets.

AT QUANTUM, WE CAN HELP!

Insurance is essentially a promise. But it's a promise that's only tested when you need to make a claim. Finding out that your most precious assets are inadequately insured when it's too late can be tremendously stressful and financially damaging. Don't fall in to the trap of trusting off the peg insurance to properly protect you.

Quantum is the leading specialist insurance broker for the award winning, Chubb Masterpiece Policy in Europe. We are North London specialists so we understand the unique requirements of residents. We provide a bespoke personal service with no call centres and we offer all prospective clients a complimentary review to custom fit their insurance exactly around their lifestyle and assets. Frequently, we see that under valuation is a result of the meteoric rise in the price of property, jewellery, watches, art, classic cars, couture clothing, wine and other collectables. Our personal review, ideally conducted in your home, will ensure that your most cherished assets are comprehensively protected. Our clients tell us that not having to worry about insurance allows them to truly focus on enjoying what they have.

Contact Joanna Voudouris in our Berkeley Square office on 0203 384 1725 or e-mail her directly on Joanna@quantumplc.com

Quantum Plc, Berkeley Square House, Berkeley Square, London, W1J 6BD

www.quantumplc.com



JEWELLERY NEWS



PROUD AS A PEACOCK

Vita, the debut collection from new fine jewellery brand Livyora, has been described as a “celebration of life”. Each piece references familiar stories and characters from around the world, drawing on different cultures’ literature, art and music. The Pavoni chandelier earrings, for instance, were inspired by the peacock, a universal symbol of beauty and integrity, and these qualities have been evoked by a dazzling array of brilliant-cut sapphires, iolites, blue topaz, tsavorite and smoky quartz. The Leijona cocktail ring is immediately recognisable as Aslan from C.S. Lewis’ *The Chronicles of Narnia*. Made from 18-karat yellow gold, brilliant-cut black diamonds are used to depict the lion’s eyes and a textured finish portrays the magnificent mane. Conceived by jewellery designer Dr Shefaly Yogendra, internet entrepreneur Chirdeep Chhabra and gemologist Tarudeep Vaid, we predict great things to come from Livyora.

livyora.com

CUTTING EDGE

For his latest Surprise Fantasy Ring, jeweller Theo Fennell collaborated with internationally acclaimed English micro-sculptor Willard Wigan MBE to create the Empty Quarter ring; a one-of-a-kind jewellery art piece:

When opened, the ring reveals an apparently deserted desert scene but further inspection reveals three microscopic camels, expertly crafted by Wigan. The piece, which is made from different 18-carat golds, set with diamonds and engraved with desert flowers and rose gold salamanders, is also accompanied by a beautiful magnifying glass and chain

The Empty Quarter Ring
POA, theofennell.com



PARIS COUTURE WEEK 2014

Top jewellers descended on France’s capital to preview their latest collections at this year’s Paris Couture Week before the grand unveiling at the Biennale des Antiquaires in September. Boucheron nearly stole the show with its stunning Ricochet necklace with detachable brooch, featuring rippling sapphires, diamonds and rock crystal. However, Chaumet made sure it kept up with its French competitor, revealing an exquisite Collier Eau Vive as part of its Lumières d’eau collection. Italian jeweller Bulgari, which celebrates its 130-year anniversary this year, presented its new 26-piece MVSA collection, which honours the Muses of Ancient Greece through a series of colourful, precious gemstones.



COME TO LIGHT

As the world’s definitive diamond company, De Beers is undoubtedly one of the industry’s guiding lights when it comes to crafting this rare matter. Its latest collection, Aria, presents the diamond in a revolutionary new way; diamond-set swirling shapes create a captivating interplay of light and shadow. Radiating from the centre diamond, the motif has been designed to mirror the movement of a dancer. This is the house’s first big jewellery collection since Imaginary Nature in 2012 and it includes a number of Signature pieces, along with Prestige designs, High Jewellery collections and women’s watches.

The De Beers
Aria collection
debeers.com





Rainbow Wave

Add a splash of colour to a monochrome look with fun statement accessories

14

2

3

4

5

6

7

8

9

10

11

12

13

1 Magnipheasant Feathers collar, POA, Stephen Webster, stephenwebster.com 2 Elystan California Sunset ring, £8,440, Robinson Pelham, robinsonpelham.com
 3 Chameleon earrings, £23,550, Boucheron, boucheron.com 4 Elystan California Sunset earrings, £10,900, Robinson Pelham, as before 5 Rainbow Solid Icosagon pendant, £4,300, Noor Fares, Dover Street Market 6 Modern Wishbone ring in 12-carat gold, £115, Bouton, bouton.co.uk 7 MVSA bracelet in pink gold with semi-precious stones, from £30,200, Bulgari, bulgari.com 8 Rainbow Geometric Octahedron earrings, £5,000, Noor Fares, as before 9 Rococo multi-coloured ring, POA, Fabergé, faberge.com
 10 Cosmos Friendship bracelet, £225, Astley Clarke, astleyclarke.com 11 Cinderella ring in 18-carat blackened white gold and multi-coloured stones, £4,200, Solange Azagury-Partridge, solange.co.uk 12 18-karat yellow gold and mixed tourmaline ring, £655, by Rufier at Talisman Gallery, 020 7201 8582 13 Black Rainbow earrings, £38,000, Solange Azagury-Partridge, as before 14 Rainbow Octahedron pendant, £5,985, Noor Fares, as before

Calleija

CELEBRATING 30 YEARS



Aurora

Inspire romance with this 0.86ct Fancy Intense Australian Argyle Pink Diamond Ring, reflecting the warm, vibrant and fiery hues of its extraordinary and ancient origins.

A highly prized, rare and collectable jewel.

ARGYLE PINK
DIAMONDS
SELECT ATELIER

To receive the beautiful Calleija brochure, please contact us

The Royal Arcade
Old Bond Street London
london@calleija.com
+44 (0)20 7499 8490

The Westin
Martin Place Sydney
sydney@calleija.com.au
+61 (0)2 9233 6661

Marina Mirage
Main Beach Gold Coast
mirage@calleija.com.au
+61 (0)7 5528 3666

calleija.com

WATCH NEWS

MILLE CELEBRATES POLO PARTNERSHIP

An automatic watch winds itself thanks to a rotor that moves every time its wearer does. Over-winding, however, can result in extreme pressure on a watch's barrel spring. Ever the inventor, Richard Mille has devised a rotor that declutches automatically when the power reserve in its RM030 reaches 50 hours. Once it falls to 40 hours, the rotor is re-engaged. Wearers can identify which phase of winding the watch is in, courtesy of an indicator at 12 o'clock. 50 limited-edition versions have recently been splashed with accents of navy and white in homage to the brand's partnership with the St Tropez Polo Club.

richardmille.com



CUTTING EDGE

Allun Michaels, store manager at Fraser Hart in Brent Cross, selects his watch of the month:

"A bold and brooding addition to Omega's Speedmaster collection, the Moonwatch Dark Side of the Moon features the brand's first in-house movement to incorporate a chronograph. Striking 18-karat white gold indexes help to distinguish the watch from its legendary predecessor, the Moonwatch."



Speedmaster 'Dark Side of the Moon', £7,590, Omega
Fraser Hart, Brent Cross,
020 8732 8459
brentcross@fraserhart.co.uk
@FHBrentCross

INTO THE DEEP

Never been near a snorkel?
Never mind; these latest dive watches look as good in the boardroom as they do underwater

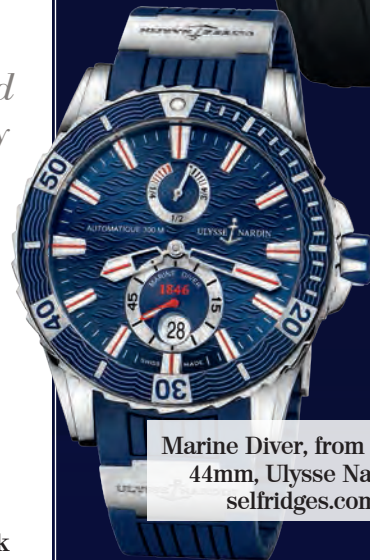
Calibre de Cartier
Diver, £5,700, Cartier
cartier.com



Heritage Diver Chrono,
£2,200, 43mm, Longines
Fraser Hart, Brent Cross



Marine Diver, from £6,200,
44mm, Ulysse Nardin
selfridges.com



‘What gives you the license to do *this*?’

THE CEO OF A MAJOR SWISS WATCH BRAND ON HEARING ABOUT CALIBRE SH21,
CHRISTOPHER WARD'S FIRST IN-HOUSE MOVEMENT.



The chronometer-certified *C9 Harrison 5 Day Automatic*, with 120-hour power reserve, is the first watch to house our own movement. Conceived and designed by our master watchmaker, Johannes Jahnke, and manufactured by some of Switzerland's finest watchmaking craftsmen, it is destined to be one of the most talked about watches in years. *And, yes, you do have the license to own one.*



CALIBRE SH21

CHR. WARD
L O N D O N

EXCLUSIVELY AVAILABLE AT christopherward.co.uk

The Great Outdoors

In our modern world, it's possible to have a veritable wardrobe of watches, all thoughtfully and creatively manufactured to suit their particular purpose.

Robin Swithinbank suggests the best options for active types





SHOOTING

Panerai Radiomir 1940 Chronograph Oro Bianco

Mechanical watches don't like being shocked. Knock one onto the floor or smack it into a door and you'll note – if you keep stock of these things – a drop in accuracy. That's why it's unwise to wear a mechanical watch while shooting, when the violent impact of firing a shotgun can play havoc with the tiny, fragile parts inside. For such times, you might be interested to learn that most of Panerai's totemic Luminor and Radiomir watches feature anti-shock technology, as is the case with the new Radiomir 1940 Chronograph Oro Bianco. Inside its 45mm white gold case is a glorious handcrafted, hand-wound movement that's protected by an Incabloc anti-shock device.

panerai.com

MOUNTAINEERING

Oris Big Crown ProPilot Altimeter

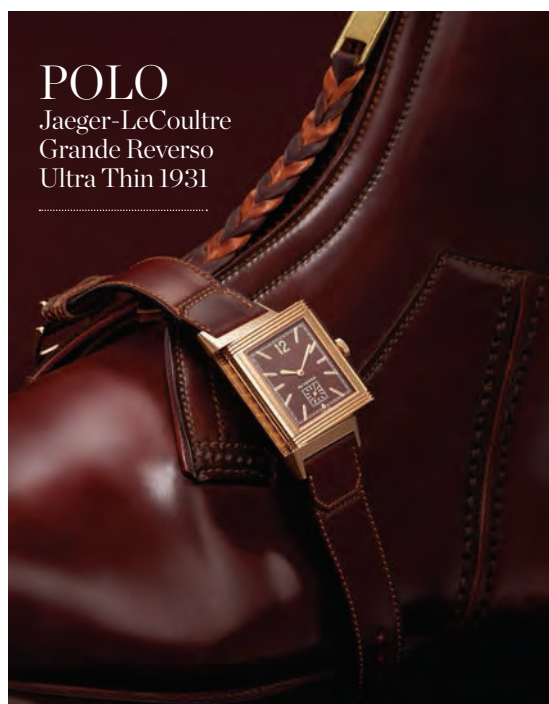
Oris's seemingly unstoppable run of watches that are not just innovative but offer genuinely useful functions continues with this, the first automatic mechanical watch with a mechanical altimeter. It can gauge altitude and air pressure, useful whether you're a pilot, a mountaineer or the type to get your kicks from throwing yourself out of planes and off cliff tops. It does this via a mechanical barometer, squeezed inside the watch's 47mm stainless steel case alongside its automatic movement. There's more clever-tech in the watch's patented adjustment and venting crown; it's fitted with a membrane to prevent moisture from getting inside while the altimeter is activated. A proper smart watch.

oris.ch



POLO

Jaeger-LeCoultre
Grande Reverso
Ultra Thin 1931



It's become the sybarite's choice, but before all that, Jaeger-LeCoultre's case-flipping Reverso was intended for polo-playing British officers of the Raj. They had complained of their watches getting smashed up during play and, rather than suggest they take them off, Jaeger-LeCoultre designed a watch with a case that could be reversed to protect its delicate front. It was named Reverso after its swivelling case, which has since been used to carry additional complications, coats of arms, engravings and more. This latest impression has a sumptuous pink gold case, a chocolate-coloured dial and a brown strap made by Argentinian leather polo accessory specialist Casa Fagliano.

jaeger-lecoultre.com

SWIMMING

NOMOS Glashütte Ahoi

So there are divers' watches and there are watches you can wear in the shower and, thanks to quirky German watchmaking outfit NOMOS Glashütte, there is also a 'swimming watch'. The Ahoi is actually far more than that, despite the brand's wry, self-deprecating label: it's water-resistant to 200 metres, more than enough for splashing about in your local lido; its hands are covered in a dollop of Super-LumiNova so they're legible underwater; and the case has built-in protectors around the crown so you're less likely to rip it out if you catch the watch on a piece of coral. Inside the 40mm case beats NOMOS's in-house automatic movement.

nomos-glashuette.com



FLYING

Bremont MBIII

Bremont's series of watches, made in partnership with the pioneering British ejection seat manufacturers Martin Baker, was launched in 2009. Initially, there was just one piece in the line, the MBI, which was only available to pilots who'd been ejected from a plane. It featured a rubber movement mount that could protect the watch's chronometer-certified automatic movement from the shocks sustained by an ejection, and had been put through endurance tests for vibration, temperature extremes and salt-fog, making it one of the most qualified pilots' watches ever made. The same spec level is found in the MBII civilian model launched a year later, and now in the new MBIII, which has a second time zone.

bremont.com

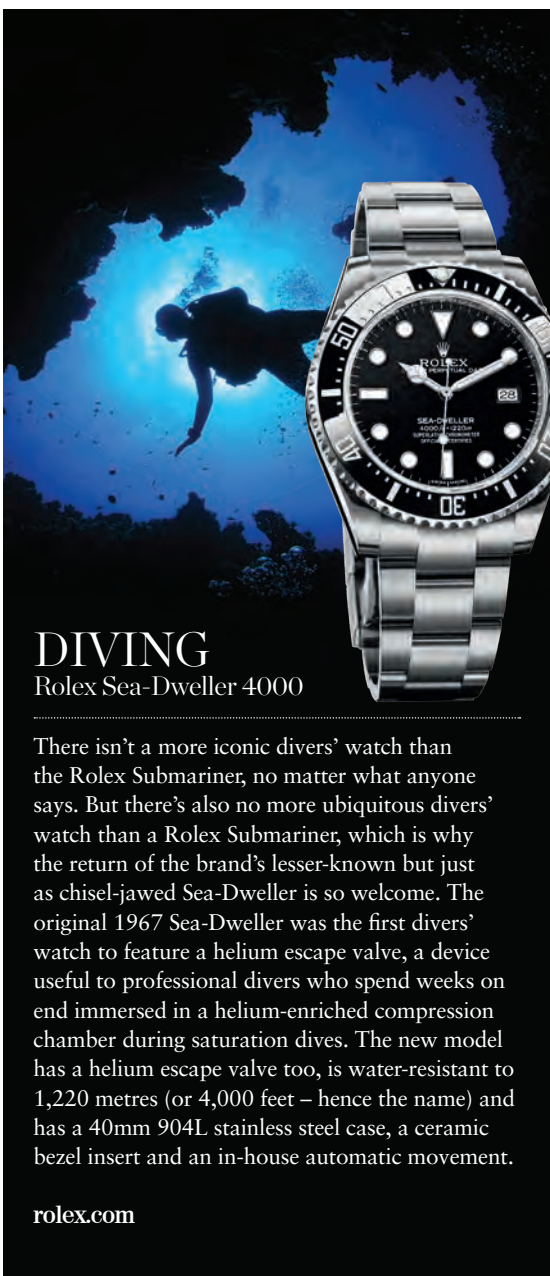


DIVING

Rolex Sea-Dweller 4000

There isn't a more iconic divers' watch than the Rolex Submariner, no matter what anyone says. But there's also no more ubiquitous divers' watch than a Rolex Submariner, which is why the return of the brand's lesser-known but just as chisel-jawed Sea-Dweller is so welcome. The original 1967 Sea-Dweller was the first divers' watch to feature a helium escape valve, a device useful to professional divers who spend weeks on end immersed in a helium-enriched compression chamber during saturation dives. The new model has a helium escape valve too, is water-resistant to 1,220 metres (or 4,000 feet – hence the name) and has a 40mm 904L stainless steel case, a ceramic bezel insert and an in-house automatic movement.

rolex.com





ADVENTURING

Breitling Emergency II

If you're planning a trip to the South Pole, or have ambitions to sail around the world with nothing for company but a stuffed toy, Breitling's 51mm, titanium-cased Emergency II should be at the top of your 'don't leave home without' list. As well as being a multi-function, quartz-powered superwatch, it's also the world's smallest personal locator beacon. Get into a spot of bother half way up a mountain, activate the beacon and it'll alert the nearest search and rescue team, who'll be guided to your position by the signal. Just make sure you've got good insurance – otherwise you'll be picking up the tab left by your rescuers.

breitling.com

SPACE TOURISM

Omega Speedmaster Mark II

One of the rarely told stories about Omega's Speedmaster, the 'Moonwatch', is that it was never supposed to go to the moon. The watch intended for the role was the 1969 Speedmaster MkII, which – unlike the original – was specifically designed by Omega in partnership with NASA to be worn by astronauts. But as the first Speedy had already been into space and proved its zero-gravity creds, the astronauts chose to stick with it for their lunar missions. Almost 40 years since the last MkII was made, Omega has relaunched it, complete with a 21st century automatic chronograph movement. The new piece is wonderfully retro – and perfect for your next jaunt into space.

omegawatches.com



THE ELITE

LONDON

A COMBINED WORLD OF LUXURY
AT ONE EXCLUSIVE LOCATION



25TH - 26TH JULY 2014



RIZONJET LONDON BIGGIN HILL AIRPORT

FEATURING THE WORLD'S FINEST AND MOST
EXCLUSIVE LUXURY LIFESTYLE BRANDS

JET-SET
LIFESTYLE

World Class
LONDON

www.TheEliteEvents.com

The
Marine
Elite

Exclusively
SUPERCAR SHOWCASE

PLATINUM SPONSOR

Berkeley
Designed for life

EVENT SPONSORS



PARTNERS

RUNWILD
MEDIA GROUP

WORLD
AIRCRAFT SALES

ASIAN WEALTH
MAGAZINE



GA EUROPE

BIZJET

YACHT INVESTOR

POWERBOAT.RIBI

Ultimate

itsa

THE BIGEAWAYS CLUB

LOCAL UPDATE

Covering the whole of north west London





ALL ROUND ENTERTAINMENT

Roll up, roll up – the circus is coming, and a seat at the Roundhouse Boom & Bang Circus tent is the hot new ticket in town. On 15 August, evil clowns, Russian prima ballerinas and fire-breathing panthers are all leaving their London Hippodrome home to bring a fun-filled evening of cabaret and burlesque performance to the local stage, for one night only.

15 August
Chalk Farm Road, NW1
roundhouse.org.uk

GETTING CREATIVE

For the aspiring jeweller, Hampstead School of Art is offering classes with contemporary designer Annie Ruthven-Taggart who works with both gold and sterling silver. From the 11–14 August, participants will be guided from the design stage, through the construction process to yield a finished item. The wonderful school prides itself on its inclusive and friendly atmosphere – with its oldest student aged in their nineties.

Four day course, £186
11–14 August, Hampstead Campus
Kidderpore Avenue, NW3



THE FRINGES OF SUCCESS

Camden Fringe Festival is back and yielding artistic delights once more. The play *Dying City*, showing at The Gatehouse in Highgate, is centred on military duty in the US and is set to be rather emotionally charged. Several other performances will also be held at the Highgate theatre during the festival.

16–19 August, The Gatehouse
Highgate Village, N6
camdenfringe.com

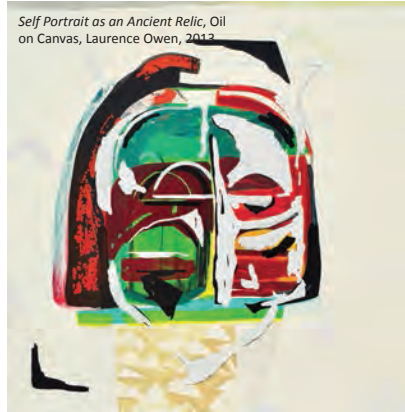
Rook & Raven is famed for its contemporary artwork by established artists such as Lionel Smit



THE ART OF DESIGN

Local gallery, Rook & Raven, is showcasing new work by Royal Academy School graduates Vivien Zhang and Laurence Owen, who are both fascinated with form. Exploring the link between painting and sculpture and its place within the prevailing art scene, the exhibition will draw on London's Royal Academy show of 1981, entitled *A New Spirit in Painting* and is curated by gallery owner and art advisor, Aretha Campbell.

Until 1 September
rookandraven.co.uk



Self Portrait as an Ancient Relic, Oil on Canvas, Laurence Owen, 2012

WALK LIKE AN EGYPTIAN

As part of one of the most fascinating displays of Ancient Egyptian history in recent times, the British Museum is using 3D imaging technology to enable visitors to unearth the secrets of eight mummified individuals that lived in the Nile Valley thousands of years ago. Scans will enable a glimpse inside mummy cases and a greater understanding of human life during the antiquity.

Contextual objects such as amulets, canopic jars, musical instruments and recreated items of food will form part of the exhibition.

Adult tickets £10
 Until 30 November
thebritishmuseum.org/ancientlives



SONG AND CHANTS

Prepare for a week-long celebration of Yiddish language, song and culture courtesy of The Golden Peacock, a five day workshop. Those of all ages and backgrounds are invited to join acclaimed Yiddish singing teacher Shura Lipovsky and her colleagues Polina Shepherd, Karsten Troyke and Dr Alexander Knapp in exploring the origins and styles of Yiddish song. Group performance time is incorporated.

£245, 10–15 August, SOAS, Penton Rise Campus, WC1X
jmi.org.uk

A PERFORMANCE OF PASSION

A fun tribute to the Kilburn High Road area, *The Kilburn Passion* is running at the Tricycle Theatre this month. With a reputation for being young, fun and light-hearted, the story has been written by former local resident Suhayla El-Bushra and follows fictional residents of the area as a stranger arrives in the neighbourhood.

5–9 August
 269 Kilburn High Rd, NW6
tricycle.co.uk




Photography by Gary Calton



Grand Supreme

From Tudor royals to *Toddlers & Tiaras*, Philippa Gregory knows the importance of a woman – and a queen’s – role in history. *Kari Rosenberg* talks feminism and trashy TV with one of her favourite authors



Telephoning Philippa Gregory felt a bit like calling an old headmistress. Having read so many of her 30 novels – *The Queen's Fool* and *The Other Boleyn Girl* are still two of my top books of all time – I knew her voice would be comfortingly familiar, yet still strangely intimidating.

Her latest tome, *The King's Curse*, is said to conclude the Cousins' War series (a label Gregory herself disputes), a few years down the line from *The White Queen*, subject of the BBC drama mini-series about the War of the Roses, which attracted 5.3 million viewers for its first episode. It tells the story of Margaret Pole, one of the few surviving members of the Plantagenet dynasty; cousin to the White Princess (Elizabeth of York) and lady-in-waiting to Katherine of Aragon. The Plantagenet name, at the end of the 15th century, is the most dangerous moniker in England.

And while the characters bleed from one book to the next, Gregory somehow manages to make each story, produced with an almost guaranteed bestseller formula, entirely gripping and enlightening.

"It's not really the end of the series," says Gregory. "It's the last book in the series of books I was permitted to write, but in the course of writing them I have discovered different characters that I want to focus on. Someone turns up that I didn't know about or they emerge from historical research, and I know I'm going to like that person and want to go back to them. So it doesn't feel like a big ending in that way. I can't even say it's the last for the Tudor period. It's ongoing."

Gregory graduated from the University of Sussex with a PhD, and in 2009 was named Edinburgh University's Alumna of the Year, but she admits she didn't have a huge interest in history until she was lucky enough to have a "completely inspiring tutor" who introduced her to the subject. "I decided this is what I want to study for the rest of my life. It was an extraordinary moment."

She's been writing stories for as long as she can remember, starting with a diary at the age of six. "The first novel that I wrote from beginning to end was a university novel, which featured a character called Felix Alienated which I thought was supremely witty. ◀



◆ I was about 20. I've lost the story, thank god." Nowadays, her tales almost always centre on women – the narratives and unique vantage points that have been regularly forgotten, or deemed uninteresting by historians. "I think [my books are] particularly relevant to women," she says, "even today we still have no amazing advantage in terms of women's rights – women are still marginalised and side-lined and face violence. So in a way, how to cope with a world that is cruel to you only because of your gender is as current a question as it was in Tudor times. When you look at the courage of women in the Tudor period and what they were up against – not just prejudice, but actually enshrined legal repression – it's quite inspiring."

I ask if she calls herself a feminist, or shies away from the term like so many in the public eye do. "Yes!" she says, almost indignantly. "I've always called myself a feminist. I think of it as a description of a woman who believes that women should have equal opportunities, so that's never seemed to me to be a difficult question. Would you rather be paid three quarters of a man's salary for doing the same job like people in this country still are? Would you rather not be on the boards of companies? Would you rather not be a land owner and have everything you own in the name of your husband? I think people get caught up on ugly clothes or horrible

“How to cope with a world that is cruel to you because of your gender is as current today as in Tudor times”

shoes when they think of feminism. But the issue has always been about women's opportunities and the fact that it's ridiculous to have society working against 50 per cent of people. How are you ever going to get ahead as a society if you disadvantage half of your population?"

All of Gregory's recent novels tell the stories of women previously ignored by historians; symptomatic, she says, of a belief that as they were not capable of having power, this makes them unworthy of study. "By actually looking at some of these women, you can see that they take their power in different ways," she says. "You see conspiracies which are not recorded in history; manipulation which we tend to think of as a

bad thing; seduction and sexual powers; supernatural witchcraft which women used in order to get what they wanted. You then see that these women were working very hard and were very affected, and that's history. And I'm very, very proud to be part of it."

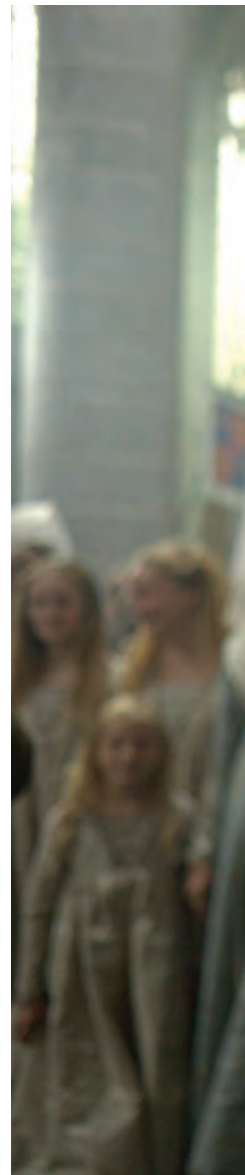
Each novel requires around 18 months of non-stop research whereby Gregory retreats to her Yorkshire-based, 100-acre farm with her history books and the internet, the development of which has delighted her: "The accessibility now is unbelievable. It's more important than the printing press – it's bigger than that, I'm thrilled by it. It means that now I can sit in my study in Yorkshire and read a book that's in a library in New York." Having met with some backlash over perceived historical inaccuracy when *The Other Boleyn Girl*, starring Natalie Portman and Scarlett Johansson, was released as a film in 2008, I ask her where fact and entertaining fiction meet.

"The trouble is that historical records are not a bible," says Gregory. "Some of the things that have troubled people are truly a matter of opinion. The story of Anne Boleyn is a classic area where historians get extremely agitated about things that are said. But if you look at a document where someone else is saying something about her, and if it's the Spanish ambassador, for example, then it's unlikely to be true. What we don't have is anything like a reliable record to work from: All I had to go on [when writing *The Other Boleyn Girl*] were the records that were available at that time."

"I see the novel as bringing the facts to life," Gregory continues. "I stay with the facts that I have established and I try to write within those themes as if the events were really happening. So in a sense, the novel is a sort of widening procedure for the facts. And of course I come to these facts with the opinions of a historian, but also the opinions of a modern woman. I tend to take a sympathetic view of the women that I'm writing about, but that's not common to the historical record either. A lot of the histories of these women are written, for instance, by Victorian men, and a lot of them are very critical. It is my job to pull it all together and to construct a timeline, and a life, and then to think about the sort of women who lived this sort of life."

I ask if she could be transported into any era, which it would be, but agree that they all sound quite grim. "You wouldn't want to be transported unless you were sure you had a return ticket! But if you did, I think it would be fascinating to go back and see the Tudor court in operation; some courts were obviously a lot more dangerous than others. For example, you wouldn't want to be friends with Catherine Howard – and Anne Boleyn's later years were very tense – but I would have thought the early years when Katherine of Aragon came to the throne would have been a wonderful time, providing you were rich and healthy."

"But essentially I would [only want] to live in a period after the development of efficient contraception for women, so you don't die in childbirth. That's really important. And any period after the vote for women, so if you make any money you get to keep it; any time before that you could never, ever improve your position except by marriage. So if you're a woman going back in time you really ought to be careful!"





Rebecca Ferguson
starring alongside Max
Irons in BBC One's
The White Queen ©
Company Pictures &
ALL3MEDIA

"I would think the 1920s might have been quite fun, if you were well off," she adds. "You never really want to be poor in any period, it's always completely horrible and sometimes it's lethally dangerous. You really have to pick your period, gender and class."

If she had to choose a queen most like her it would be Katherine of Aragon – "She was quite opinionated and strong willed" – but she feels fairly indifferent about our current royal family. "My real interest is in the royal family in the Tudor times and their relationship with power, and Henry VIII's move towards tyranny. And our royal family don't have that power in the way the Tudors did. Personally, I think they're doing the best job they can in fairly difficult circumstances and I don't see why they do it. If it were up to me, I'd suggest that they retire. I'm not particularly interested in tourism or heritage. I'm interested in history, so the idea of them as [a brand like] Harrods, or Windsor Castle is a bit insulting, as if they [exist] to be put on a postcard."

Aside from high-brow history, I am amused to discover Gregory's penchant for television. "I only watch really trashy TV. I think that reality TV is a rather thrilling thing. Last night I watched a show

about a completely insane woman who coaches people for pageants. It couldn't be further from my life or work. And I'm a big fan of *Dance Mums*. I like that sort of stuff because it's 45 minutes of complete escapism and nothing like my own life. You turn it off and it doesn't matter; it's not a call to action, you don't have to feel anything except mildly entertained." I ask if she's a fan of *Toddlers & Tiaras*, and she responds that it's "a little bit dull, I need a bit more development and change. But of course I've watched it; you could name anything trashy and I would have seen it." I'm not sure my headmistress would have approved... ■



The King's Curse by Philippa
Gregory, £20, published by
Simon & Schuster
available from 14 August

The Renaissance RADICAL

Satirist, fanatic or proto-Surrealist? As Taschen releases a new tome exploring the wonderful world and work of Hieronymus Bosch, *Jack Watkins* explores the method in his madness with author Stefan Fischer

His name conjures images of some madcap inventor. The figures that populate his pictures are not those you'd expect from any ordinary mind, or from the brush of some safe and conventional Renaissance painter. His exploration of the world of dreams and nightmares, and his bizarre portrayals of physical grotesques and demons, could still trouble sensitive souls today. No wonder Hieronymus Bosch has been called "the most fascinating and puzzling painter in history." It's no surprise either, given that there are so few hard facts on his life – a common difficulty for art historians working on practitioners of the 15th century and earlier – that he has been the subject of many highly contentious theories. Some say he was a satirist who scorned conventional religion, a practitioner of witchcraft and alchemy, and an advocate of free

love. Others maintain that he was actually a religious fanatic, fixated by guilt and the original sin. Some, with no grasp of the mind of medieval man, have even called him a proto-Surrealist, a diabolically-obsessed medieval forerunner of Salvador Dalí.

A sumptuous new book *Hieronymus Bosch: Complete Works* published by Taschen, attempts to place Bosch in his proper context, ahead of the approach of the 500th anniversary of his death in 1516 (his date of birth is unknown, but is thought to have been around 1450, and the name Hieronymus is derived from 's-Hertogenbosch, the Dutch city where he lived and worked.) The book is lavishly illustrated with images of Bosch's recently restored paintings, of which, along with eight drawings, only 20 can be confidently assigned to his hand.

The book's author Stefan Fischer, who specialises in Netherlandish paintings of the 16th and 17th centuries, says he has "no doubt" that Bosch takes a very high ranking among artists of that time. "He was so inventive and stood at the beginning of certain developments in painting at the start of the 16th century, like landscape and genre painting, but also in depicting things in a satirical way. He refused to paint in the idealising manner, using the harmonic proportions of most painters of the time, like Jan Van Eyck, Dürer, or the Italians."

Was he, as some have opined, the greatest artist of fantasy that there has ever been? "He could be," replies Stefan. "Many in the 16th century or later tried to copy him, or were inspired by his pictures. He always surprises you with the combinations in his imagery. His landscapes manage to be at once familiar, and yet dreamlike, with a strange sense of wilderness."

However, anyone buying the book – priced at £99.99, no less – hoping for some truck with the more sensationalist claims about Bosch, will be disappointed. For Stefan, the message in the paintings is, surely, a moral and spiritual one. "This was a time of important



Above: *The Haywain*, c. 1510–1515 © Museo Nacional del Prado, Madrid/TASCHEN
 Opposite, clockwise from top left: *The Haywain*, c. 1510–1515 © Museo Nacional del Prado, Madrid/TASCHEN; *Christ Mocked (The Crowning with Thorns)*, c. 1495 © The National Gallery London/Scala, Florence/TASCHEN; *The Garden of Earthly Delights*, c. 1503 © Museo Nacional del Prado, Madrid/TASCHEN; *Triptych of the Temptation of St Anthony*, c. 1502 © Museu Nacional de Arte Antiga, Lisbon/Photo Luísa Oliveira, Arquivo de Documentação Fotográfica – DGPC/TASCHEN; *The Garden of Earthly Delights*, c. 1503 © Museo Nacional del Prado, Madrid/TASCHEN





Left: *The Garden of Earthly Delights*, c. 1503
© Museo Nacional del Prado, Madrid/TASCHEN

An enormous seven foot high work in triptych form, its left panel shows Paradise, in the form of the Garden of Eden, as God presents Eve to Adam. The garden is inhabited by richly coloured plants, birds and animals – including unicorns – and most striking of all, has a strange, impossibly fanciful pink water fountain.

The fantastic imagery is laid on even more thickly in the central panel. Giant birds and fruits are actually depicted larger than the cavorting humans, in a metaphor for life given over to avarice and the pursuit of pleasure. The right panel confronts the viewer with the consequence – Hell.

There were more demonic scenes in a remarkable altarpiece *The Triptych of the Temptation of St Anthony*, the hermit and saint of the early Christian Church. Human and devil-like grotesques converge on the contemplative monk from all sides in scenes that, diverging from the traditional stories associated with St Anthony, reflect the flowering of Bosch's highly individualistic artistic imagination.

Another great triptych, *The Last Judgement*, the largest of his surviving works, reflects Bosch's essentially pessimistic view of humankind, the foolish and the simple-minded vastly outnumbering the chaste and the wise. And while the title of *The Haywain* might initially make you think of John Constable's serene landscape of the same name, in Bosch's mind it takes on a different meaning. Hay in the Middle Ages was a symbol of everything that was considered worthless and transient. The haystack in Bosch's picture was what the total value of man's pursuit of worldly gain amounted to – a folly made of nothing more substantial than hay.

● changes in the Christian religion. There were many critics, humanists and also clerics, who wanted to follow a more psychological and moral-based way of practicing their religious beliefs, and everyday living. Bosch painted positive and negative ways of behaving. He wanted to show us how to live better.”

“He always surprises you with the combinations in his imagery. His landscapes manage to be at once familiar, and yet dream-like, with a strange sense of wilderness”

That makes sense, given that the thriving middle class town of 's-Hertogenbosch had many religious houses which were following more ascetic, personal forms of religious devotion in a period when the Roman Catholic establishment was coming under criticism for its wealth, and the worldliness and corruption of many holders of high ecclesiastical office. By the time he was in his late 30s, Bosch himself was a member of one of these orders, the Brotherhood of Our Lady, and he received numerous commissions from them. This also opened the door to other useful social contacts among Dutch courtiers and nobles.

Bosch's most celebrated and enigmatic work, *The Garden of Earthly Delights* was probably a private commission, coming to reside in the palace of the Regent of the Netherlands, Henry III of Nassau, an enthusiastic collector of art, not long after its completion between 1510 and 1516.

It's easy to imagine the creators of fantasies and horror stories in modern times studying Bosch to get some ideas for their monsters, but don't forget the undertow of his moral stance either. In medieval times, demons really did exist. And the values Bosch saluted or condemned – thrift and hard work, against contempt for idleness and waste, and disgust at the pursuit and display of wealth for wealth's sake – still seem highly relevant today. ■



Jacket: *The Garden of Earthly Delights*, c. around 1503
© TASCHEN/Museo Nacional del Prado, Madrid
Cover English edition

***Hieronymus Bosch: Complete Works*, £99.99, published by Taschen, taschen.com**

B BRIGHTS OF NETTLEBED



THIRD GENERATION CLASSICAL FURNITURE SPECIALISTS WITH OVER 1,800 DESIGNS IN STOCK.
VIEW SINGLE ITEMS TO COMPLETE FURNISHING *IN SITU* WITH OUR HOME APPROVAL SERVICE.

608 King's Road · London · SW6 2DX
Telephone. 0207 610 9597 Email. kingsroad@brightsofnettlebed.co.uk

THEODORE ALEXANDER' FINE FURNITURE BY HAND

BRIGHTSOFNETTLEBED.CO.UK



ERIC WHITACRE · GLOBAL CITIZEN + GRAMMY® AWARD-WINNING COMPOSER

NEW TUMI FLAGSHIP | 211 REGENT STREET, LONDON, W1B 4NF
170 PICCADILLY, MAYFAIR, LONDON, W1J 9EJ
265 CANARY WHARF SHOPPING CENTRE, CABOT SQ., LONDON, E14 4QT

TUMI.COM





WISH *list*

DARK ROMANCE

Amid the contrasting critical reviews for the Alexander McQueen pre-fall 2014 collection were the words 'funereal' and 'erotic'. Not an entirely positive reaction you might assume. But high praise has been levied at creative director – and St John's Wood resident – Sarah Burton's latest 15 creations which will arrive in stores soon. Fluted satin maxi-skirts and high necklines make for attractive silhouettes, embellished with heavy silver embroidery and panels of crinkled silk and crushed velvet. The designs are both dark and restrained, sultry and feminine – Burton is a true talent.

alexandermcqueen.com

STYLE UPDATE

ANOTHER KNOT IN THE LACE

Having previously joined forces with the likes of British fashion designer Giles Deacon and the Olsen sisters, Superga has added another high calibre name to its portfolio of collaborations – model turned actress, Suki Waterhouse. Not content with being the face of the brand's campaign for spring/summer 2014, the star is adding another string to her bow this August with the creation of three flatform shoes. In the Superga signature shape, a cross between a plimsoll and platform, each of the designs feature hearts imprinted into the sides of the soles. Choose from pastel shades in sugary blue and pink or bolder options of red and navy.

superga.co.uk



BIKER-CHIC ESSENTIALS

Los Angeles-based brands, 7 For All Mankind and Hollywood Trading Company (HTC), have shared their passion for reworking timeless design elements. Their recently released, joint capsule collection is inspired by the spirit of rock 'n' roll and includes skinny and cropped jeans decorated with studded piping, leather patches and stitched kneepads. A distressed biker jacket, a matching belt and a soft denim and leather clutch embellished with studs complete the look. All that's left is to jump on a Harley!

From £190
225 Regent Street, W1B



LOVE FOR THE MARYLEBONE

If, like us, you struggled to suppress your inner green-eyed monster watching Kim Sears flaunt her Marylebone Tote at Wimbledon this year, secure your own version: this black and white geometric fur design is the latest edition, equipped with in-built phone charging capability.

Geometric Fur Marylebone Tote
£1,395 (with tech capability £1,495)
46 Marylebone High Street, W1U



BAG A BAGUETTE

Launching itself into the digital age, Italian fashion label Fendi has created a tablet application which allows users to customise its most popular handbag style. MyBaguette allows budding designers to play with colours, photographs and patterns before showcasing their finished creation online. Once a month, users will potentially gain recognition from Miss Fendi herself, when the house's creative director of accessories, Silvia Venturini Fendi, selects her favourite Baguette interpretation. For added inspiration, the App also incorporates a gallery section which pictures Baguettes released by artists such as Richard Princes, Toms Sachs and Francesco Vezzoli.

Available on iTunes and Google play

A LOUIS VUITTON LEGACY

26 October has been confirmed as the day that Foundation Louis Vuitton will open its doors in Paris. Eleven galleries containing the corporate art collection of LVMH Moët Hennessy will occupy 126,000 sq ft in the Jardin d'Acclimatation, alongside commissioned installations. Designed by architect Frank Gehry, one of its first exhibitions will chart the development of the new space.

louisvuitton.com



BOOTS FOR BÜNDCHEN

Famed for her lithe physique and tousled golden locks, international girl crush Gisele Bündchen has been announced as the face of Stuart Weitzman for Fall 2014. Weitzman, who talks to *Vantage* on page 16, has focused on his trademark style with knee-high boots, combat styles and pointy-toe stilettos taking centre stage in the forthcoming collection: the iconic 5050 boot also gets reworked with a 1960s-inspired Mod block heel. Shot by renowned fashion photographer Mario Testino, the stunning black and white campaign images will be seen around London from 7 August.

stuartweitzman.com

Drama QUEENS

Add dramatic, decadent and delicate ruffles
to give your pre-fall look a powerful edge

PHOTOGRAPHY / *DOMINIC NICHOLLS*

STYLIST / *ANNA WOODHAM*



White ruffle dress, £1,095, Chloe,
net-a-porter.com; Camel coat, £1,425,
Max Mara, matchesfashion.com





ABOVE

Patterned shirt, £185, Just Cavalli, harrods.com;
Short frill skirt, £223, Halston Heritage, harveynichols.com

OPPOSITE

White ruffle dress, POA, Yvna Kim, yvnakim.com;
White briefs, £125, La Perla, 9 Old Bond Street, W1S;
Pearl court shoes, £360, Gianmarco Lorenzi, gianmarcolorenzilondon.com;
Grey tulle head piece with Swarovski rhinestones, £520, Alexandra Harper Millinery London, alexandraharpemillinery.com



ABOVE

Green ruffle dress, £1,995, Burberry Prorsum, burberry.com;

Gold link bracelet, £749, Joubi, joubi.com;

Jewel bag, £690, Amishi, amishi.eu

OPPOSITE

White ruffle wool top, £590, Viktor + Rolf, victor-rolf.com;

Black wide leg trousers, £600, Antonio Berardi, antonioberardi.com;

Grey suede open toe heels, £600, Sergio Rossi, 207a Sloane Square, SW1X, 020 7811 5950;

Necklace, £200, Maiocchi, as before; Corbula ring, £1,042, KOKKU, kokku.co.uk







ABOVE

Coral ruffle top, POA, Pavane, pavane-london.com

OPPOSITE

Green roll neck jumper, £215, Paul & Joe, netaporter.com;
Grey organza collar blouse £595, John Rocha, 15a Dover Street London W1S;
Blush cropped trousers, £235, Max Mara, matchesfashion.com;
Pointed slingback high heels, £840, Paul Andrew, my-wardrobe.com;
Bracelet, £130, Maiocci, as before

STYLIST: ANNA WOODHAM @ FRANK AGENCY | MAKE-UP: CASSIE STEWARD @ LHA REPRESENTS USING MAC COSMETICS
HAIR: JULIE READ @ CAROL HAYES USING BUMBLE AND BUMBLE | PHOTOGRAPHER'S ASSISTANT: SAM THIRGOOD
STYLIST'S ASSISTANT: SARAH MNSAH | MODEL: CORNELIA TAT @ STORM | LOCATION: STRAWBERRY HILL HOUSE, STRAWBERRYHILLHOUSE.ORG.UK

BVLGARI

HOTEL & RESIDENCES

LONDON



THE SPA

Beautifully crafted over two levels in the heart of Knightsbridge.
To enquire about membership at Bulgari Spa call +44 (0)20 7151 1055
or email spa-london@bulgarihotels.com

Voted 'Best British Spa' at Tatler Spa Awards 2013

Bulgari Hotel & Residences London, 171 Knightsbridge, SW7 1DW
www.bulgarihotels.com/london

BEST OF BEAUTY

August

1. This month Guerlain will introduce its new eye shadow palettes including Ecrin 4 Couleurs in Les Sables, a blend of nude shades in matte and iridescent textures which can be mixed, layered and adjusted to change a make-up look quickly. The colours will arrive on counters alongside the smoky greys of Les Aciers and the more adventurous violet shadows of Les Violines.

£39, Guerlain, guerlain.com

2. Global fashion icon Alexa Chung has collaborated with Nails Inc to mark its 15th anniversary. As well as becoming the face of the brand for autumn/winter 2014, the model turned *Vogue* contributing editor has helped to create an innovative line of fabric-inspired polishes. The Alexa Silk in black has a smooth finish and rich tone and is accompanied by five other shades in the collection.

£15, Nails Inc, nailsinc.com

3. Hoping to replicate the enormous popularity of its Eight Hour Cream, beauty brand Elizabeth Arden has created a brand new eye gel. Flawless Future Powered by Ceramide Eye Gel rejuvenates the delicate area of skin around the eye which is prone to the effects of stress and fatigue. With regular use, the serum aims to help hydrate the skin, minimising the appearance of fine lines and dark circles.

£25, Elizabeth Arden, elizabetharden.co.uk

4. Tom Ford has just launched two fragrances to sit alongside its hugely successful Neroli Portofino range. Costa Azzurra (pictured) is a refreshing scent of juniper berry, myrtle, basil, lavender and vanilla and is inspired by the sun-baked Mediterranean woods, while Mandarino di Amalfi, is a lemon oil, tarragon and blackcurrant perfume, blended with the coast in mind.

£140 each, Tom Ford, tomford.com

5. True Radiance Foundation is the name of Clarins' newest skin saviour which will be launched at the end of August. Intended as a light-reflecting but medium intensity base, ideal for the summer, the foundation contains botanical ingredients to protect the skin from pollution, while giving even coverage.

£27, Clarins, clarins.co.uk



BEAUTY *UPDATE*

NOTHING BUT CHANEL

Make like Marilyn Monroe and adopt Chanel as a bedtime signature. From 22 August, Coco Noir Parfum will be on counters, providing an intense and sensual complement to the original Coco fragrance. In a rich concentration, Caledonian Sandalwood and Bourbon Vanilla linger on the skin with notes of Jasmine and May Rose to give a feminine fragrance inspired by the romantic alleyways of Venice. Chanel is also releasing the more subtle, but no less luxurious Coco Noir Body Cream at the same time.

Coco Noir Parfum, £165,
Coco Noir Extrait Body Cream, £60
chanel.com



SCIENTIFIC EXPERIMENT

Who would have guessed a former forensic scientist would be joining forces with international beauty brand MAC? Marian Newman, now an established fashion and celebrity manicurist, has helped to develop a striking new collection of nail lacquers and six glowing top coats in texturize, shadow, blue, pink, green and gold. We love the first; 'texturize' gives a clear, leather effect which can be brushed over a simple dark polish for a sultry evening look.

£10, maccosmetics.co.uk





GRANT ME SERENITY

Thank Arianna Huffington and her 'work hard with wellbeing' philosophy. Spa life is capturing the city one luxury venue at a time, and the Ham Yard Hotel is the latest to unveil glossy facilities this month. Three treatment rooms are accompanied by a juice bar and a beach-themed relaxation area in Firdale Hotels' first Soholistic spa which specialises in quirky therapies such as Perfector Electric Facials – a toning regime likened to a non-surgical face lift. On the fitness front, this is a place to experiment with elite altitude training in the hypoxic studio where oxygen levels are varied to improve fitness, recovery and rehabilitation.

Perfector electric facials, from £90
1 Ham Yard, W1D
firdalehotels.com

JOIN THE CHORUS

Dr. Hauschka is attempting to brighten up Monday morning make-up routines with its Chorus range of rich green and pearly pink shades. Products include a Matte & Shimmer Blush Trio, Eye Shadows, Kajal Eyeliner, Lip Gloss and Lipstick and have been formulated using natural ingredients, without preservatives (the lip gloss is even lavender scented). Famed for its organic, botanically-derived skincare, its colour collection is specifically intended to enhance natural beauty and blend easily.

drhauschka.com



HAIR-CARE

Burning your scalp mid speedy blow-dry is an inconvenience we are all familiar with. Until now. Beauty brand GHD has attempted to resolve the issue with its newest styling tool, the GHD Aura. Cool-wall technology ensures the casing and nozzle of the hairdryer does not heat up, allowing close-up drying without painful consequences. Whether aiming for a sleek and straight side-parted style inspired by Dries Van Noten's sophisticated spring/summer catwalk look, or DVF's lived-in waves with the help of increased root lift and volume, this hairdryer is a must-have for busy beauty bees on the go.

£145, ghdhair.com



D&G DOES SKINCARE

After ten years of research, Dolce & Gabbana Beauty has introduced its first skincare range. Two advanced product lines, Aurealex and Essential, aim to offer existing fans of its cosmetics an even skin tone and plumped complexion. The Essential line consists of cleansing gels, a toner, exfoliator and a UV-protection cream, while Aurealex debuts a cream, mask, serum and concentrated essence containing vitamin B3, Italian olive oil and so-called Gold Silk Sericin to brighten the skin.

Aurealex line from £44, Essential line from £32
harrods.com



America



MAC at Aquilano.Rimondi S/S14



India

↑ Wet Look Locks

India is embracing the trickiest beauty trend of all – the wet look. Straight from the catwalk this season (or from the shower), a slick hair finish worn up or down is key. Bb Gel from Bumble and bumble will help to achieve the look. Finish with Paul Mitchell Texturizing Sea Spray for a firm, glossy hold.

Bb Gel, £21.50
bumbleandbumble.co.uk



← Super Long Lashes

American women have advocated the extended lash look for years, but this season the trend has exploded. Illamasqua's false lashes and layers of Clinique Mascara help to achieve the look. With no lash too long and no platform too high, American *Vogue* declares disco is back.

Lush Lash in Black, £14.50
illamasqua.com



Spain



Foto A/W14

THE INTERN ART OF BEAUTY

→ Molten Metals

With Brazilian *Vogue* describing metallic shades as the "epitome of cool current make-up", it seems that this season is all about applying shimmering tones to accentuate features. Mainly being worn around the eyes, Bobbi Brown's golden pigments can add sparkle in seconds.

Long Wear Cream Shadow, £19
bobbibrown.co.uk

“Metallic eyes are the perfect accent to your summer style: easy, light catching and pretty. I particularly love a rich bronze metallic eye: try Long Wear Cream Shadow in Beach Bronze”

HANNAH MARTIN
PRO MAKE-UP ARTIST
BOBBI BROWN





← Defined Brows

With the overtly sexy Penelope Cruz having Spanish heritage, there's no denying the country has a serious reputation to uphold in the beauty department. Currently trending in Spain, according to its native glossy magazines, is the 'emphatic eyebrow'. Achieve a bold, sultry look with Clarins' Perfect Eyes and Brows Palette.

Clarins Perfect Eyes and Brows Palette
£35, clarins.co.uk



Prabal Gurung S/S14
South Africa

ATIONAL

Additional reporting by Samantha Feuer

The holiday season has inspired us to look to distant shores for our beauty inspiration. *Danielle Betts* uncovers the trends making an impact overseas



↑ Loud Lips

As a trip to Johannesburg will tell you, neon lips are the talk of the town. Adventurous fashion designer Prabal Gurung's New York fashion week show of S/S14 is the reference point for *Glamour* magazine in South Africa, which asserts that this trend is around to stay. South African women have dived head first into the pools of colour including vivid fuchsia and coral. Both are available to play with at MAC.

Lipstick in Morange, £15.50
maccosmetics.co.uk



MAC at Vivienne Westwood Gold Label S/S14

Brazil



→ A Healthy Glow

Vogue France assures us French women are lusting after "a cheeky golden complexion" this season. Bad news: the French Riviera isn't just a short jaunt away. Good news: Chanel can help us fake it with its Healthy Glow Fluid. *C'est la vie.*

All-in-One Healthy Glow Fluid
£34, chanel.com



Jean-Pierre Braganza S/S14

France

Aveda says 'RELAX'

Gabrielle Lane tests a massage clinically proven to induce relaxation. Does it work?

If ever there was a time to review a stress fixing massage, it's when you are so busy that you actually turn up late, handbag and hair flailing in the wind and miss half the treatment.

Aveda has had a marketing brainwave, naming its latest beauty ritual in tempting, self-explanatory terms. It's trademarked its Stress-Fix™ oil, which is a blend of lavender, lavandin and clary sage and now offers a 75 minute Stress-Fix™ massage, as well as a Stress-Fix™ manicure and Stress-Fix™ pedicure at its Marylebone outpost. Although, if you really want to go for the whole experience, I'd recommend checking in to the brand's flagship Salon and Spa in Holborn with its snug relaxation booths in the basement (not trademarked).

The treatment begins with a foot bath and detailed consultation to highlight any areas of stresses and strain: If you make it to the heated massage bed without dissolving into tears, the subsequent ritual blends Swedish massage techniques (long, soothing

on the feet to restore energy levels (my own fault), however, this is followed by a head massage which is every bit as dreamy as you'd imagine. A light pressure is applied to the scalp, hair is smoothed and twisted, shoulders are lifted and the neck is rotated. Then, in too little time, it was all over.

I left feeling clear-headed; my posture had changed and so had my mind. And while nothing lasts forever, Stress-Fix™ could really work for you. I have an excuse to go back. ■

Aveda Institute Salon and Spa
174-177 High Holborn, WC1V
aveda.co.uk

Someone once told me that a massage wasn't effective unless it hurt and I'm inclined to agree

strokes) with deep tissue therapy to tease out any muscle knots. It's painful, slightly exhilarating at points, but very good. Someone (probably a sadist) once told me that a massage wasn't effective unless it hurt and I'm inclined to agree.

The therapist – working in double quick time – relentlessly twisted and pummelled until my shoulders just gave. There were gentler, sleepy moments too and combined with the application of warm towels, I felt myself physically unwind – a complete cliché until it happens.

I didn't get time to try the reflexology stage of the treatment, which uses acupuncture





Put this at the top of your To Do list

1 in 8 women in the UK will be diagnosed with breast cancer. Many cases show no symptoms and have no family history of the disease. With The Wellington Hospital's digital mammogram technology, abnormalities can be highlighted earlier, allowing for a greater chance of a full recovery.

Our breast care service covers the full spectrum of breast management from the diagnosis and treatment of benign and malignant breast disease to breast reconstruction. We offer breast screening, breast awareness demonstrations for concerned woman and a triple assessment clinic for woman with breast symptoms.

To make an appointment with our breast care team contact us on **020 7483 5000**.


The Wellington Hospital
Breast Care Unit

www.thewellingtonbreastcareunit.com





Saturno Dining Table and Vesta Chairs

NATUZZI
ITALIA

Discover the Natuzzi Italia dining collection.

natuzzi.co.uk 02031 314 001

follow us    

WISH *list*

ART ATTACK

Martin Chirino's artwork is based on two principles: wrought iron and the spiral; a symbol and formal solution recurring throughout his career. Helical and spiral motifs can be traced back to the origins of most civilizations, and as symbolic representations they usually evoke, in schematic terms, the evolution of the universe. Chirino's interest in primitive African art and craftsmanship provide his artwork with a strength and force that are readily apparent in the spiral. As the iron progressively transforms into a curve emanating from a central point, tension builds within the sculpture. If the curve's outward motion is observed, emphasis is then placed on its expansive attribute, an infinite outward movement that evolves as it follows its course in space. Work by Martin Chirino will be exhibited by ArtePaso at STRARTA Art Fair Chelsea in September (artepaso.com).

STRARTA Chelsea
25-29 September
strarta.com



Martin Chirino | LADY HARIMAGUADA © Alfredo Delgado

INTERIORS INSPIRATION



WARDROBE ESSENTIAL

Contemporary Italian furniture company Lema, at Design Space London, has introduced two new wardrobe collections designed by Spanish architect and interior designer, David Lopez Quincoces. Titled 'Warm' and 'Aria', both fuse style and functionality: warm has a rich natural leather upholstery finish, while Aria consists of lightweight glass panels set inside slim aluminium frames.

Prices start from £6,000,
designspacelondon.com

YOO FOR YOU

Retail giant Harrods is now hosting YOO Home, the latest retail interiors venture from globally recognised residential and hotel design company, YOO. Founders, entrepreneur John Hitchcox and celebrated designer Philippe Starck, have produced four main styles of furniture and light fixtures termed Classic, Nature, Minimal and Culture. As well as the rare expansion of the 4,000sq ft retail space, the launch includes the introduction of the YOO Styler which allows customers to use a table-top touch screen in-store to view a 2D layout of their homes, while experimenting with images of YOO furniture. The screen is then projected onto a five metre wall for ease of planning – tech geeks (and former Sims fans) form an orderly queue.

homebyyoo.com



PRETTY IN PURPLE

Liberty of London is bringing a touch of the British countryside indoors with its latest launch, Flowers of Liberty. Everything from oven gloves to milk jugs are available in the countryside-inspired collection which sees the brand's miniature floral prints imagined in purple.

liberty.co.uk



SHUFFLING SHUFFLING

One way to inject colour into your home is with Occa Home's intriguing design, the Shuffle Table. Designed by Mia Hamborg and comprised of several different elements, the pieces can be assembled in any order to create a unique feature which is changeable in an instant. It's turquoise and yellow tones give it a retro feel.

Shuffle table, £449, occa-home.co.uk



EARTHLHY PLEASURES

The Sofa & Chair Company has drawn inspiration from the great outdoors for its newest range of furnishings, decorative accessories and artwork. The botanical-inspired homeware and furniture is crafted from natural woods and adorned with leafy motifs. Accessories include snake-shaped bookends, handcrafted lustrous vases and bold ornaments modelled on marine life, for an on-trend finishing touch.

Swordfish ornament, £1950, thesofaandchair.co.uk



STEAMPUNK REVOLUTION

Vintage maps, typography and steam-powered machinery motifs all feature in the quirky new Steampunk wallpaper collection from Galerie Wallcoverings. Each of the 15 clever designs depicts a theme that echoes the industrial age. The brick effect designs in particular are intended for feature walls, but the Galerie Steampunk collection also offers a distinctive selection of murals and wall panels to enhance any décor scheme.

galeriewallcoverings.com

Boeing VIP 787 concept interior
Image courtesy of Boeing



Jacuzzi on deck of the Lady Lara Yacht by Fendi Casa
Image by Thierry Ameller, thierryameller.com



Cabin FEVER

Superyachts and private jets are not only at the forefront of development in modern engineering, but also of the interior design world, explains *Jennifer Mason*



From the lush, curvaceous interior designs of the 1980s, made famous by Ken Freivokh at Sunseeker, to the classic luxury of private jet décor inspired by Air Force One, travelling in style has long been important to the world's most affluent and influential. Trends this season on the more stationary side of interior design may favour metallic or bejewelled elements – particularly in kitchen areas, as seen at Caesarstone and Antolini – as well as a reintroduction of honey-toned woods harking back to the now-retro décor of the 70s and 80s, but, on the high seas and in the skies, the battle between the classic and the contemporary endures.

On the water

“Broadly, I think mature, classical design will always be desired; dark panelled wood interiors with light carpets and deckheads is unimpeachable,” declares Richard Liebowitz, partner at Liebowitz & Pritchard, the award-winning naval architects behind STEEL, a new-build superyacht. “Nevertheless,” he continues, “it appears that light, bright, quasi-modernist interiors rule current and recent builds. Traditional interiors are just not very popular right now. I think contemporary ‘loft architecture’ and boutique tropical hotels have influenced tastes afloat. Also, technology such as direct-bond glazing – offering sheets of glass instead of small portholes – has prompted a move toward more modern interiors, consistent and flowing with sleek exteriors.”

Alex Isaac, creative director at LINLEY, which we all know for its interiors at Claridge's and The Goring, agrees that the

Boeing VIP 787 concept interior
Image courtesy of Boeing



● engineering aspect of the luxury superyacht business has provided contemporary interior design inspiration for many of his clients. “Interestingly, some of them have an avid interest in the technical build of their superyacht, in the mechanics,” he muses. “And you see this being reflected in their designs, rendering a futuristic concept.”

Zaha Hadid’s recent superyacht design collaboration with Blohm & Voss is a prime example of this year’s push towards the space-age, tying together ultramodern design with shapes inspired by the biological structures of marine environments and linking this prototype unequivocally back to the sea. “These days, a superyacht’s interior is much more about the context of its environment, rather than trying to recreate a floating palace,” Isaac continues, echoing Hadid’s foresight to take design inspiration directly from the superyacht’s natural habitat. Some yacht owners are taking this one step further, however, meaning that eye-catching design increasingly comes second to the practicality and comfort of creating a home from home. “In essence,” Isaac concludes, “some have become far more beachy and relaxed – the sort of space where one would feel comfortable sitting down on a sofa in a pair of wet board shorts.”

Certainly the image invoked by the phrase ‘superyacht’ still conjures paparazzi-style snapshots of a glamorous life, epitomised perhaps by Leonardo DiCaprio, who recently borrowed the £400 million, 482ft superyacht Topaz from Sheikh Mansour to serve as a base for his World Cup shenanigans, or F1 pundit Eddie Jordan, whose new Sunseeker 155 caused a stir just in time for this year’s Monaco Grand Prix. Surely then, designers must always be guided by the lifestyle for which their creation will play host. The team at Fendi Casa agrees: “Recent projects of ours, like the Lady Lara by Benetti [Fendi Casa’s first foray into the world of superyacht interior design] show a researched and eclectic style, where wisdom and flair are translated in armchairs, sofas, chairs and other furnishings that perfectly match the image in the client’s mind, and the yacht’s mood,” they told me. The cool whites and plush furnishings aboard the Lady Lara are meant to convey a sense of elegance

Dining on-deck on the Lady Lara Yacht by Fendi Casa
Image by Thierry Ameller, thierryameller.com



and unsurpassed relaxation, one can only assume.

But where does this sense of “mood” come from? Liebowitz believes he has the answer. “An ambience that lends a sense of wellbeing comes from what we call the ‘intangibles’ of design; spatial flow, room orientation, furniture placement, sightlines, lighting, and even air flow,” he explains. “These are all things that aren’t obvious on plans and, if done right, are usually not even noticeable in the finished design – but when those things come together, the space is simply radiant.”

In the air

Similarly, when it comes to flying ‘super-luxe’ in the skies, focus falls on the overall finish, rather than the individual elements. “Our aim is to establish a sense of timeless beauty and elegance, rather than to follow a particular fashion trend,” Sean Johnson, director of the Global 7000/8000 jet series at Bombardier, insists. However, he admits that seasonal trends are creeping into designs across the board, explaining that the attention to detail prevalent in luxury automotive design has been a big inspiration for this year’s private jet interiors.

Faced with blank canvasses of this magnitude, designers are being given ever more scope

In some cases, the classic, smooth chrome style of vintage cars is juxtaposed with the more contemporary fascination with using mechanical elements as part of the design (as we have seen in recent versions of the spine-chillingly attractive Audi R8 supercar with its clear bonnet). This luxuriousness forms the basis for the private jet interior design market, as Veta Traxler, lead designer at Elliott Aviation, explains: “From an aesthetic perspective, we are primarily seeing an overall contemporary but classic automotive look. People do want to see the styles they are seeing in their higher end cars, whether that is by adding welts to jet seats or having two-toned finishes.” Clearly the link between engineering and interior design is prevalent whether you’re travelling by sea or by air, although as the owners of the now somewhat outdated two-tone Rolls-Royces or Bentleys will tell you – the line between tasteful and tacky is one to be walked with care.

Jet upholstery colours are taking on a more modern feel this season, with cool variations of greys and neutral colours moving to the fore. “We are seeing people move away from the warmer, traditional beige colours towards more metallic, futuristic elements,” Traxler added. Many feel these fresher colour palettes are “tipping the hat” to the cutting-edge technologies now found on board the majority of private jets; WiFi at the very least these days is a given – being able to conduct business from 35,000ft

is essential to the jet client – and that’s before one factors in the top-of-the-line galleys and cinema rooms becoming more and more common for high-end planes.

For the modern traveller enjoying the private skies, jet design is also being supersized. According to Boeing, which boasts larger models like the 787 in its Business Jet range, clients are choosing bigger planes to maximise interior space. Layouts are following suit, with expansive seating areas, spas and even boarding-school style dormitories appearing in the latest designs, tailored towards those who prefer to travel with company. Saudi Prince Alwaleed Bin Talal understands this better than most, with his £300 million private Airbus A380 making headlines across the world not only for its size, but also for its plush bespoke décor. Faced with blank canvasses of this magnitude, designers are being given ever more scope to expand their style horizons.

As far as the future goes, it stands to reason that as technology advances, so will the desire to reflect those advancements in interior décor. Traxler notes that clients are asking for 3D renderings in order to more accurately visualise the project before work begins. “Investing in new 3D software allows our customers to virtually walk around the cabin and change colours, fabrics and carpets as they go along, making for a more interactive experience and reflecting the modernisation that’s taking place on the style front,” she explains.

But I wonder whether this rush for advancement may leave some clients facing an interior design that, in its haste to reflect technology and styles, will have become easily dated a few years down the line. More canny investors may agree with Liebowitz, whose attitude towards décor offers a more measured approach, taking inspiration from both ends of the spectrum: “We aim for transitional designs that won’t date so quickly,” he reasons. Wise words for those seeking an interior design scheme that will stand the test of time. Beige anyone? ■

Liebowitz & Pritchard, lparch.com;
LINLEY, davidlinley.com;
Fendi Casa, fendic.com; Elliott Aviation,
elliottaviation.com; Bombardier, bombardier.com
Boeing Business Jets, boeing.com



Interior corridor concept by Liebowitz & Pritchard
 Image by Edmund Sumner

*Up to 70% off**
great quality bed linen
available all day, every day
at [ACHICA.com](https://www.achica.com)

ACHICA

The Members-only Luxury Lifestyle Store



£20 OFF*
YOUR FIRST ORDER
USE CODE
KENCHEL714

Sheridan 'Nerina' bed linen shown above from £35 for a single set.
HOTEL LIVING plain dye available in 400, 600, 1000 thread count from £30
for a single duvet cover. Both ranges available throughout July 2014.

FURNITURE AND HOMEWARE BRANDS AT EXCEPTIONAL PRICES
ANYWHERE YOU CAN GET ON-LINE

£20 off your first order when you spend over £60, not valid on travel promotions.

*Savings off RRP. Full T&Cs on www.ACHICA.com

MALLORCA 300 ...



25-28 SEPTEMBER 2014

Take on this extreme Mallorca cycling challenge and raise money for the children at Great Ormond Street Hospital.

- ▷ Prologue - 4km
- ▷ Stage 1 - 151km
- ▷ Stage 2 - 145km
- ▷ Timed climbs
- ▷ Limited numbers
- ▷ Team/individual entry

Visit www.gosh.org/Mallorca

Call 020 7239 3164

Email challenges@gosh.org

marsh-mallows.com
MALLORCA CYCLING





WISH *list*



ROBES FOR ROSES

Summer party dresses for little princesses are surprisingly difficult to find – that is, without the aid of Childrensalon, an online retailer of luxury clothing for boys, girls and babies. Versace, Dior, Marc Jacobs and Cavalli are all referenced in the website's dress edit, in one of the most up-to-date assemblages of designer clothing for kids that we've seen. The website's reputation holds through the seasons too – come autumn, it's here you'll find miniature ski jumpsuits in leopard print when it's time to take the family to the slopes.

childrensalon.com

NURSERY NEWS

FANCY FOOTWEAR

It's never too early to take note of back-to-school essentials. London-based shoe brand Papouelli creates classic, timeless footwear with a contemporary edge, perfect for playground antics. Each season the brand also expands on its small children's clothing section, gradually introducing more items to the website. Keep your eyes peeled and your bankcards handy.

98 Marylebone Lane, W1U
papouelli.com



DOGGY DAY CARE

New online service, myDogBuddy, is offering a solution for holidaymakers with pets. The website provides access to minders who are personally vetted by the myDogBuddy team, who can then provide residential care for anything from one day to two weeks. Pet owners are able to view a profile of the home in which their pet will stay and specify location and garden requirements in advance, before communicating directly with the sitter using the website's messaging service, throughout their break.

mydogbuddy.co.uk



LOLLIBOP FESTIVAL

Look no further for summer holiday entertainment for younger family members: from the 15th to the 17th August, Hatfield House is the new setting for Lollibop, the largest children's festival in the UK. Children are invited to cast some spells at Harry's Wizard School or show off their dribbling skills with Tottenham Hotspur's global coaching team, while Lazy Town Live provides entertainment on the main stage. Elsewhere, Bear Grylls' Survival Academy will be holding taster sessions of fire lighting and shelter building. Scooby-Doo, Postman Pat and Disney characters will be in attendance.

15 - 17 August
lollibopfestival.co.uk

SNAP HAPPY

The saying 'dogs look like their owners' is about to take on a new significance.

The Kennel Club, creator of Crufts, has re-launched its *Dog Photographer of the Year* competition and is looking for the next talented snapper with a photogenic pup. Professionals and amateurs can participate, while children can enter the 'I love dogs because...' category, reserved for those aged under 18.

Until 10 November, thekennelclub.org.uk



© Mark Molloy / The Kennel Club



BEACH BY BONPOINT

Colourful swimming costumes, patterned two-pieces and comfortable metallic sandals are still available from Bonpoint in time for a summer break. The styles are amongst the more interesting available for children this summer.

52-54 Marylebone High Street, W1U



WEST END WONDER

As if the hugely successful Tracy Beaker series has not proved enough to satisfy children's author Dame Jacqueline Wilson, the writer is now seeing another of her books find wider fame – this time in the West End. The *Hetty Feather* stage adaption tells the story of a young girl and her quest to find a family of her own after being abandoned by her mother at birth. However, you'll have to be quick to see the fun family show, as it is only showing at the Vaudeville Theatre for a five week season following its smash-hit international tour.

5 August – 6 September
Vaudeville Theatre, 404 Strand,
London WC2R
nimaxtheatres.com



Photography by Donald Cooper



SHIP AHOY!

Orlebar Brown has done it again. Second to none with its eye-catching swimwear designs for adults, Alex and Alexa is showcasing an exclusive range of the designer swimming shorts for boys, on its website. Choose from bright block colours including green or orange or opt for the gorgeous sailing boat print, a picture-perfect holiday essential.

Orlebar Brown
range, £95
alexandalexa.com



Photography by Richard Riddick, thedpcc.com

HAPPY FEET

It was Queen Victoria who first commissioned Mary Thornycroft, a celebrated artist of the day, to sculpt her nine children's hands and feet in alabaster, and with it, started a craze that's still going strong. One step ahead of the game, Wrightson & Platt use fine materials such as silver, bronze and lead crystal as well as beautiful coloured glass to capture those precious first memories. With Stella McCartney and Tamara Beckwith singing founders Denise Wrightson and Vicky Platt's praises, those coveting the personal sculpture should commission the pair promptly to beat the waiting list.

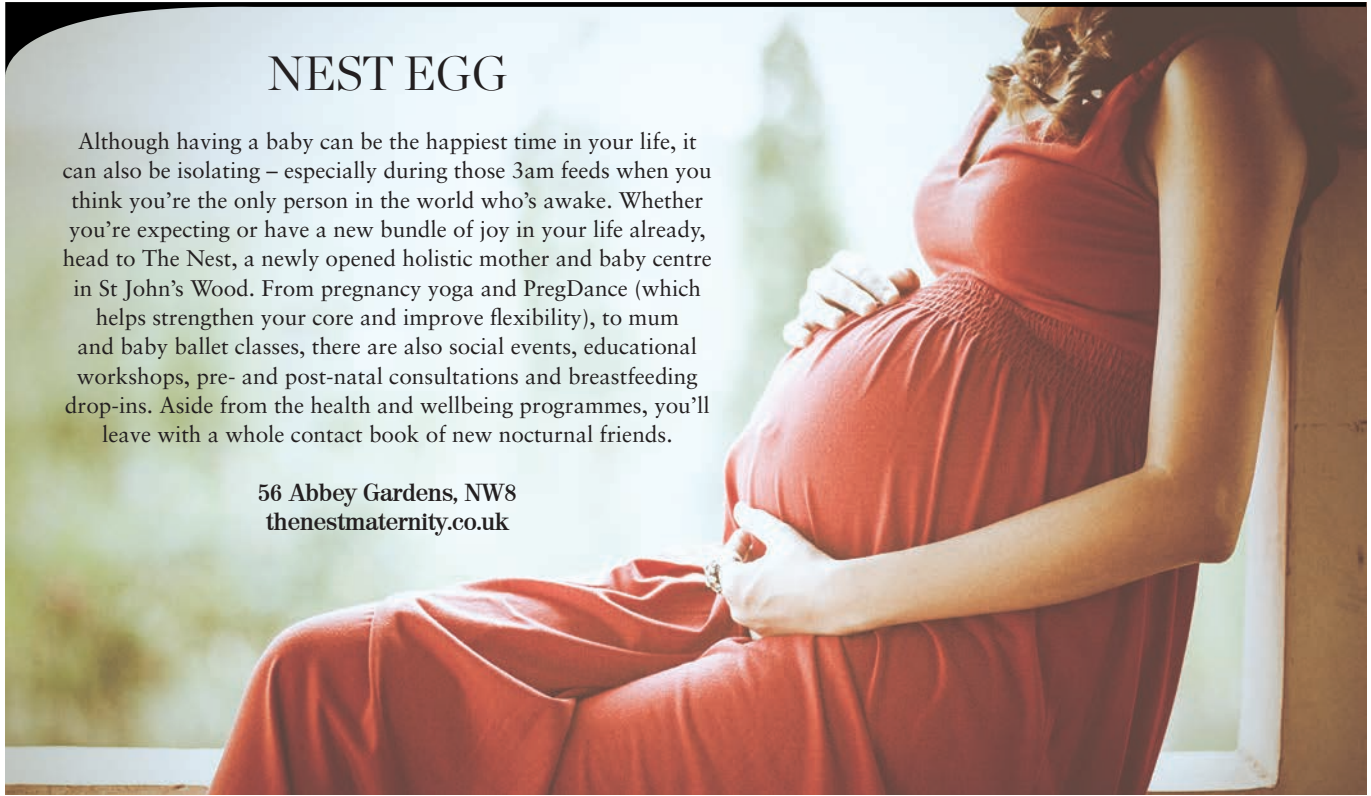
POA, wrightsonandplatt.com

HEALTH & FITNESS

NEST EGG

Although having a baby can be the happiest time in your life, it can also be isolating – especially during those 3am feeds when you think you're the only person in the world who's awake. Whether you're expecting or have a new bundle of joy in your life already, head to The Nest, a newly opened holistic mother and baby centre in St John's Wood. From pregnancy yoga and PregDance (which helps strengthen your core and improve flexibility), to mum and baby ballet classes, there are also social events, educational workshops, pre- and post-natal consultations and breastfeeding drop-ins. Aside from the health and wellbeing programmes, you'll leave with a whole contact book of new nocturnal friends.

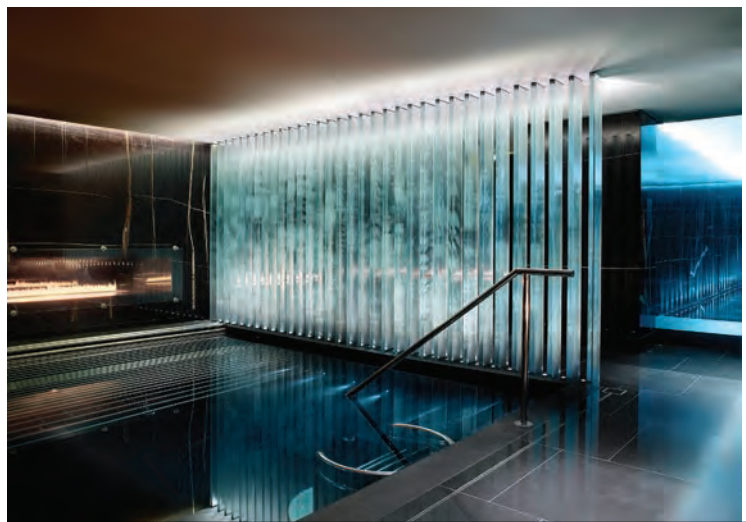
56 Abbey Gardens, NW8
thenestmaternity.co.uk



DEPARTMENT OF ENVIRON

We've been on board the Environ wagon for a while now, but finding the perfect place to stock up on products, and drop in for the recommended six-weekly facial, isn't as easy as you'd think. However, Skin3 on Fairfax Road is the national Environ training centre, and as you'd expect, its treatments and therapists are second to none. Following a skin-mapping consultation and tailored facial, we left utterly addicted to the Ionzyme Focus Hydrating Serum. Ideal for calming redness and smoothing superficial dehydration-based wrinkles, a pea-sized drop gives an instant lift and glow, to be worn under the must-have moisturiser. On your way out, pick up some natural skin-boosting food supplements from The Advanced Nutrition Programme for extra impact.

41 Fairfax Road, NW6
skin3.co.uk



ESPA EXPANDS

For those of you familiar with top tier nutrition and detox therapy, there is good news. ESPA Life at the Corinthia Hotel has teamed up with Austria's VIVA Mayr Clinic to provide a personalised treatment plan known as the ESPA Life VIVA Med. The Modern Mayr Medical Philosophy is based upon the principals of fasting and intestinal cleansing and upon request the clinic's founders, doctors Christine and Harald Stossier provide 60 minute consultations for diet recommendations, supplement guidance and muscle testing, alongside the spa's existing beauty and wellbeing treatments.

Whitehall Place, SW1
espalifeatcorinthia.com



9-16 NOVEMBER

THE 02



IF YOU WANT THE BEST,
WHY SETTLE FOR LESS?



GET YOUR OFFICIAL HOSPITALITY PACKAGES TODAY
www.match-hospitality.com

+44 (0) 20 7647 5920 or tennis@match-hospitality.com

The players shown are for illustrative purposes only. Qualification and participation subject to ATP rules. Images courtesy of Getty Images and Red Photographic.



TIME FOR CHANGE

Mrs Sarah Hussain, Consultant Gynaecologist at The Wellington Hospital, discusses the symptoms of menopause and the treatments available

The average age for a woman to go through the menopause in the UK is 51, although some women may reach menopause in their 40s and even 30s. Menopause is a time when women undergo not only hormonal changes but also life-changing events which can diminish their self-esteem and confidence.

Symptoms

Each woman's experience of the menopause will be different. Changes such as incessant hot flushes, disturbed sleep, constant feelings of tiredness and a lack of energy, can cause many problems. Issues with reduced libido, discomfort during sex, urgency when passing urine, a constant burning sensation and aching bones and joints, are but a few symptoms women face prior to, during and after the menopause.

Most of our body organs contain oestrogen receptors, in particular the reproductive organs and vagina, bladder, breasts, brain, skin, blood vessels and bones. Oestrogen helps to keep the tissues supple and elastic. Lack of oestrogen in post-menopausal women can cause discomfort and pain during sexual intercourse as the skin becomes less elastic and thinner.

After menopause, the bones also go through changes, becoming thinner and fragile resulting in a higher risk of fractures. Menopausal women very frequently have symptoms of urgency to pass urine and a burning sensation. Although often associated with an infection, this is related to oestrogen deficiency in the vagina and the bladder base. The risk of cardiovascular events is also increased in postmenopausal women and oestrogen is thought to be cardio protective.

When should I see my GP?

Each woman will be different in the symptoms they experience

and the severity of these symptoms. If you experience any of the above symptoms and your periods are infrequent or have stopped (especially if you are younger than the expected menopausal age), you should make an appointment with your GP. Through a discussion of your symptoms, you will be able to find out if you are menopausal or prematurely menopausal. A diagnosis of the menopause in younger women will be made by a series of blood tests.

Treatment

Appropriate treatment is available for menopausal women which can significantly improve quality of life. Most women will benefit from simple lifestyle changes such as eating a healthy, well-balanced diet and regular exercise. However, if the symptoms begin to effect day-to-day living or are particularly severe, your GP or specialist may discuss treatment options with you.

Almost a decade ago, research by the Women's Health Initiative (WHI) published a report warning of the risks of hormone replacement therapy (HRT). As a result, many women were stopped from taking HRT, thus increasing anxiety and reluctance in taking HRT since. New data is emerging suggesting that healthy women, who begin taking HRT around the time of their menopause, actually benefit from reduced morbidity and mortality rates.

Anyone who is looking to begin a course of HRT should discuss this option with their GP. Such treatment is available in a variety of forms including cream, tablets and an implant, and helps to control menopausal symptoms by replacing the oestrogen in the body.

Other options available include: tibolone (similar to HRT), clonidine, vaginal lubricants and anti-depressants. Each option can be discussed with your GP or specialist with a decision on the best option for you made based on your medical history, symptoms and your own preference.

MEET the specialist

Mrs Sarah Hussain (MBBS, MRCS, MFFP, PhD, FRCOG) is a Consultant Gynaecologist at 148 Harley Street, Holly House Hospital in Buckhurst Hill and Spire Roding Redbridge. Her special areas of interest include urogynaecology, menstrual and menopausal disorders and minimal invasive surgery (keyhole)



Whittard
CHELSEA 1886

Anyone
who thinks
they're
picky
about tea
clearly
hasn't met
US

Darjeeling's first flush pluckings are prized as the champagne of the tea world. Which is why when it comes to discovering the finest tea gardens for this pick of the crop we've always been pickier than most. In fact, we sniff out over 130 exciting teas and coffees with the same obsessive dedication to quality with which Walter Whittard first started out in 1886. Pop by 182 Portobello Road and we'll help you delve in. For fanatics, we're a pretty friendly bunch. See whittard.co.uk for more details.

Whittard

Blending passion & expertise since 1886.




WISH *list*



RAISE THE ROOF

We're hoping (praying) that the early June sunshine wasn't the first and last time we'll be seeing summer. But come rain or shine, you can always be sure to find us at Selfridges; if not shopping, then soaking up its 'On The Roof with...' programme of talks and events from some of the world's leading chefs, producers, innovators and influencers. Renowned restaurateur Des McDonald is taking care of the food with a pop-up version of his Camden-based eatery Q, amid the Victorian greenhouse-style terrace designed by Alexander Waterworth Interiors. Order artichoke with garden vegetable bruschetta or peppered tuna with wasabi avocado and lime caviar for a light lunch or some simply grilled meat or fish from the BBQ. There's even a retractable roof in case of sudden downpours.

**Open for breakfast, lunch and dinner
until 27 September**



Butternut squash with hummus
and charred flat bread

FOODIE FAVOURITES



PEAS TO THE WORLD

New bar and restaurant concept Think. Eat.Drink – officially known as TED – has opened in King's Cross, serving ethically-sourced British food in an environmentally-friendly setting. A salvaged and upcycled décor provides the setting for an all day eatery split over two floors, complete with stained glass windows and an open-plan kitchen. Breakfast and lunch include a range of juices, smoothies, pastries, cured meats and salads, while dinner has more of an

international flair, serving pan fried fillet of sea bream with soft fennel; herb marinated Scottish beef fillet with roasted red pepper; and pearl barley risotto with porcini and truffled herb mascarpone. Scroll through the wine list and you'll find a whole host of responsible suppliers bursting with a wide variety of biodynamic, carbon-neutral and traditional choices. Food for thought indeed.

47-51 Caledonian Road, N1



DIEGO UNCHAINED

Our favourite Argentine chef, Diego Jacquet has finally opened his Argentine butcher and wine merchant in Connaught Village, next door to Casa Malevo. Named Abasto after the historical fruit and vegetable market in Buenos Aires – just two blocks from where Diego was born – it also incorporates a small dining area serving a simple, weekly changing menu, and an 'office' which will host master classes. The deli specialises in British and Argentine sausages, most of which are created on site, while the friendly butchers will be happy to offer advice on how to start making them at home. Pick up an afternoon tea picnic hamper to take to Regent's Park, full of Patagonian treats, or grab a bottle of wine from over 150 labels.

55-57 Connaught Street, W2



HAVE BIG FUN

If, like us, you've been hankering after a steaming bowl of gumbo ever since you watched Tiana cook up a storm in *The Princess and the Frog*, then we'll see you at Bayou, a new all-day creole-style eatery in Camden. Choose between po-boy sandwiches (traditional meat- and gravy-filled subs from Louisiana), Bayou beef croquettes and delicious seafood.

20 Inverness Street, NW1



A NATURAL CHOICE

Expanding from the sandwich and salad selections at the Marylebone store, the new Baker Street-based outpost from The Natural Kitchen serves wholesome lunches and dinners from steaks and roasts to burgers and pies, all locally sourced and sustainable. You'll find us propping up the mojito and juice bar – doing our bit for the liquid dieters.

55 Baker Street, W1U



RESTAURANT REVIEW

Simon Says

Kari Rosenberg is wild about Simon Rogan's new restaurant, Fera



Anyone who follows top chefs around town like some teenage culinary groupie would have been just as surprised as I was to find Simon Rogan actually cooking their lunch at Fera, the much-hyped new Claridge's eatery that's replaced Gordon Ramsey's old self-named haunt. As in, he was *actually* inside the kitchen. Indeed, he even made his way to our table to hand pour a mead reduction over our pork – before proceeding to present one course or another to every other diner.

can change 'as often as the weather they're grown in' (to ensure produce is only served in its prime), we opted for the day's ten course tasting menu, which in reality turned out to be more like 14 dishes of fantastical Harry Potter-style descriptions. Pea wafer, fennel and flowers were followed in quick succession by stewed rabbit with lovage; mackerel with caviar and seawater cream; and winslade with potato and duck heart; each a more delectable, beautifully presented morsel than the last. Then came raw beef, smoked broccoli cream, scallop roe and acidic apple juice;

Pea wafer, fennel and flowers were followed in quick succession by stewed rabbit with lovage

Fera, meaning 'wild' in Latin, has taken the Rogan 'foraged' food philosophy and turned it into the most sensational restaurant to have opened this year. From the smiley, attentive, down-right delightful waitress (whom my friend tried to poach for her own concierge company) to the stunning Art Deco interiors, designed by Guy Oliver, it fulfils the fine-dining special occasion checkbox without being in the least bit stuffy.

While the ingredients on the menu

prawns from Gairloch with prime pork fat, borage and chicory; brill cooked in whey flavoured with hogweed, Jerseys, blewits and beach herbs and middle white pork with caramelised leek, broad bean and a (Rogan poured) mead reduction. The tastes, textures and presentations were so unique, tasty, surprising and beautiful, that conversation rarely strayed from narrating, prodding, sniffing and consuming what came out and lay before us.

Baked yoghurt with pear poached in

perry, mint and muscovado was perfect, though the iced beech leaf with nitro sweet cheese, apple and sorrel and chamomile milkshake were a bit 'foragey' for dessert. The petite fours were consumed one after the other, despite groaning waists, as were the surprise dishes that interspersed those listed – but nobody wrote them down, and so they will have to remain unmentioned, but just assume they were perfect. You may not get anything that we had, depending how soon you can get a booking, but go anyway: live by Rogan's ethos and take a walk on the very wild side. ■

Claridge's, 49 Brook Street, W1K
020 7107 8888

BREAKFAST with the HEMSLEYS

Harriet Baker meets the foodie sisters cultivating
our love for the humble cauliflower

PHOTOGRAPHY / NICK HOPPER



Melissa Hemsley bursts into conversation apologising immediately for how many times our interview had been rescheduled: "I'm so sorry!" she says. "It's been the maddest week! Our mum and dad keep calling asking us what's going on and all I keep saying is, 'in a minute mum, in a minute dad!'" So I guess I'm lucky to have been awarded a phone call before her parents.

It had been a busy few weeks for the Hemsley sisters, filled with press days and television appearances to promote the launch of their first cookbook *The Art of Eating Well*. Meeting them face-to-face had proved somewhat impossible and I reluctantly agreed, after much toing and froing, to a phone call that had taken

numerous email exchanges to book in. Finally, the day had come, and my frustration had led to sheer determination, but in the end, it was just the lovely Melissa (far left); I can only assume Jasmine (right) was tied up in the kitchen, where it all began.

At 28, Melissa is the younger sister to Jasmine, 34, and she speaks knowingly and convincingly with sentences so professionally constructed they almost mirror the words used in the cookbook's introductory blurb. But this is far more than just an Oscar-winning performance of Ultimate Health Foodie, paying tribute to American author, journalist and activist, Michael Pollan's mantra "Don't eat anything your great-grandmother wouldn't recognise as food". It's a philosophy she lives and breathes by.

The siblings, otherwise known as Hemsley + Hemsley, grew up with their Filipino mother and military father, who worked in the barracks in Germany and the UK. Both were employed full time and so the girls were used to eating "frugally and adventurously". Their mother cooked "cleverly", utilising what was in the fridge and cupboards, and this way of life (and cooking) ultimately rubbed off. In case you didn't know, Melissa and Jasmine now run a bespoke food delivery and advisory service as well as an online blog, celebration cake business and a cookery class workshop. All their recipes are free from grain, gluten, high starch and refined sugar, delivering only real, unprocessed wholefoods. They educate their clients, teaching them that eating well is a lifestyle not a diet, and that it all comes down to the concept of eating mindfully. "It's not just what we eat, but how we eat it," says Melissa. "Rushing around and mindlessly munching doesn't make for the best relationship with food. We show clients how to be mindful so that they can take charge of and help reclaim a way of eating that works for them."

I had read somewhere that the business idea had come about while holidaying together one summer. ❶





◆ But on asking Melissa for more details, she actually explained to me that there wasn't one specific moment in which they came up with the plan. It was something that had evolved around ten years ago, when her "perfect older sister" Jasmine started a modelling career and she felt the full force of the pressures her colleagues were under to look good and healthy all the time. "Photoshop and good lighting can't always hide a night of no sleep or a bad diet! You have to show energy and vitality to get the best pictures and even get the work in the first place," says Jasmine, as we grab five minutes later in the week. "You can get away with an unhealthy lifestyle when you're younger, but eventually not enough sleep catches up with you; either in your energy, personality, skin or body shape. Plus, there's nothing like feeling good within yourself if you are going to spend the whole day in a bikini being scrutinised by strangers! There's no getting away with being moody and it's not nice feeling uncomfortable on set."

She was never happy with the sustenance supplied on shoots and would always bring her own food. Her healthy flare quickly caught on with crew members and her wider circle, and she was even asked to go round to her friends' homes and cook for them. She'd turn up expecting to see one or two people, only to be met with a dozen eager disciples.

And like a good older sister, Jasmine also looked out for her younger sibling, who had recently left home and was "young, busy and eating badly". She started going round to Melissa's flat, filling up her fridge with wholefoods to make sure she was being fed properly and wasn't eating rubbish. "And this is basically what we do for our clients," Melissa explains. Someone suggested they start a delivery service and then word of mouth (and a good dose of talent) propelled them to where they are today. The service officially launched in 2010 with food photographer (and Jasmine's boyfriend) Nick Hopper, conveniently handling the deliveries and logistics of the business, as well as the perfectly styled editorial-friendly imagery.

Most of their clients come through recommendations from friends and the sisters take great pride in the fact that they work extremely closely with their employers, only taking on six at a time to ensure they deliver the best possible service. And with a rumoured portfolio of many A-list celebrities affiliated with their eponymous business, I desperately want to jump the very glamorous queue.

Now in its fourth year, the success of the business has opened doors to an array of other ventures. They were appointed food columnists for *Vogue* in early 2012, organised the lunch for the opening of the new Louis Vuitton Townhouse in Selfridges and launched their first cookbook following high demand to have all their recipes in one place (and for those unable to fund their luxury service). It is filled with a colourful

"We show clients how to be mindful so that they can take charge of and help reclaim a way of eating that works for them"



explosion of more than 150 nourishing and delicious recipes, promoting the mantra that food is an art and that we need to get creative in the kitchen rather than rely on convenience and processed foods; think cinnamon buckwheat crunch granola, fish pie with celeriac mash and tahini bliss balls.

Melissa preaches the power of the humble cauliflower and just how versatile it is. “You can turn it into mash, rice, tabbouleh, a pizza base” but pauses and says “I love it but I’ve never made a cake out of it.” So I suggest she tries. “OK, that’s what I’m going to do, I’m going to make a cauliflower cupcake and tell you what happens.” I feel just as excited as she is and find myself asking her to name the cake after me (they named the business after themselves, after all). “OK,” she retorts, “If it works. I will call it The Harriet Cauliflower Cupcake.” You heard it here first. ■

The Art of Eating Well, £20,
published by Ebury Press

YOUR OWN PRIVATE AIRLINE

+44 (0)20 7361 9620

NETJETS

NETJETS. THE ONLY AIRLINE
YOU'LL WANT TO BUY SHARES IN.

Buy a fractional share in a NetJets aircraft and enjoy access to 800 jets worldwide. Only NetJets gives you the scale, safety and support of a major commercial airline with the flexibility and speed of a private jet.

NETJETS EUROPE IS THE MARKETING AGENT OF NETJETS TRANSPORTS AÉRIENS S.A., AN EU AIR CARRIER. E-MAILS SENT TO THIS E-MAIL ADDRESS WILL BE VIEWED BY NETJETS AND THE WAYFAIR FOR THE PURPOSE OF MONITORING REFERRALS.



WISH *list*



A NATURAL HIGH

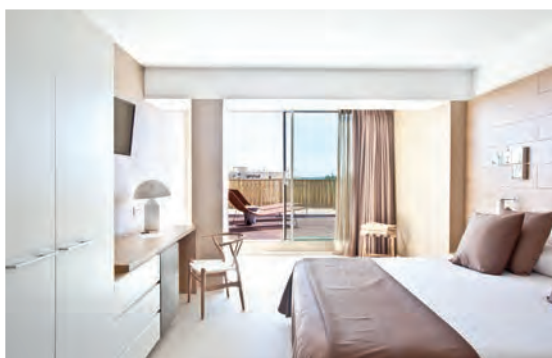
It's hard to get out on the wrong side of bed when whichever side you choose you'll be greeted with a view from Dubai's iconic Palm Island. Sofitel has just opened its seventh hotel in the Middle East, ideally located in downtown Dubai. Book into the 968sq ft, magenta-hued Opera Suite for its amazing Burj Khalifa and skyline view, Bose sound system and a bathroom kitted out with Hermès products. If you succeed in tearing yourself away from the all-feather MyBed, take a stroll to the biggest mall in the world. Who said less is more?

sofitel.com



TRAVEL *IN STYLE*

HOT SPOT *in August*



CALVIA, MALLORCA

Long since a favourite destination for British holiday-makers, Mallorca is reinforcing its luxury credentials

why

The Calvia region of Mallorca is luring the jet-set from French shores, with its smart restaurants (Flanigan's, a favourite we share with recently-abdicated King Juan Carlos of Spain), dramatic harbours (such as Philippe Starck's multi-million pound labour of love, Port Adriano), and glitzy beach clubs (including chic lifestyle destination, Nikki Beach). The latter has just opened for the summer season offering guests the opportunity to 'celebrate a beautiful life' – its ethos is played out with seafood platters, starched white daybeds, jazz and Champagne, both day and night.

stay

Having opened in April 2014, OD Port Portals is a boutique hotel with a modern energy. Open-plan suites, shower rooms with island views, boxy, geometric living spaces and several arty installations make this feel very different to the traditional hotels of Mallorca – and with a sleek swimming pool out front and a rooftop bar, its minimalism is eschewed in the right places.

nikkibeach.com/Mallorca
Room rates from €80 to 450, od-hotels.com

HOME IS WHERE THE HART IS

The warm British weather – however fleeting – lends itself to a weekend of Champagne and scenic walks in the charming Buckinghamshire countryside.

Prestigious country manor, Hartwell House is celebrating its Silver Jubilee this year. Set amongst 90 acres of rolling hills, the national trust property puts the delights of Oxford, the Cotswolds and the Chiltern Hills easily within your reach.

hartwell-house.com



A WILD ADVENTURE

New to the Sanctuary Retreats portfolio, The Escarpment Luxury Lodge in Tanzania is now welcoming visitors keen to feast on a bush breakfast before spending the day on a game drive in Ngorongoro Crater Lake or Manyara National Park. After hours of elephant spotting and zebra chasing, the infinity pool beckons, proving the perfect spot to cool off whilst admiring breathtaking views of Lake Manyara.

sanctuaryretreats.com



HIGH ALTITUDE

We all know there's no better way to spend a winter holiday than careering down the snowy Swiss Alps on skis. But the mountains aren't only reserved for winter, you know. Nestled within the Urseren Valley sits a brand new property; The Chedi, Andermatt. Its 105 guest rooms and suites, designed by renowned architect Jean-Michel Gathy, accompany two restaurants, a cigar library, spa and pool to delight guests who are partaking in the current season of hiking and mountain biking. After a hard day exploring the rugged surroundings, the hotel's outdoor living areas with fireplaces and cushions, prove inviting. Inside, modern luxuries include iPads for deluxe suites.

ghmhotels.com/en/anderstatt



ROOFTOP DINING

SHORT HAUL

Eighth heaven in Monaco

Located on the eighth floor of the Hôtel de Paris, sits Le Grill: Alongside arguably the most beautiful views of the French Riviera, this restaurant offers a reinterpretation of Mediterranean gourmet dishes. And, with the world famous Place du Casino only a midnight stroll away, Hôtel de Paris is an ideal location for a Monaco getaway.

montecarlosbm.com

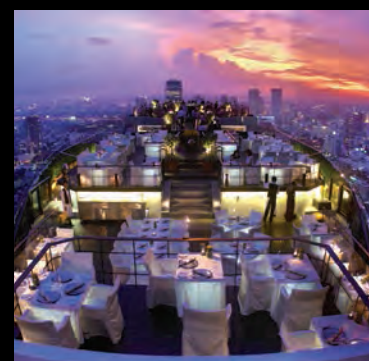


LONG HAUL

Vertigo in Bangkok

The Banyan Tree Hotel in Bangkok is offering al fresco dining at new heights at its sophisticated rooftop open-air dining room which is aptly named, Vertigo. Indulge in a succulent seafood grill and premium steaks while enjoying panoramic views of the city. We recommend going easy on signature cocktail 'Vertigo Sunset' – you are on the 61st floor, after all.

banyantree.com







ON THE Fringe

If you're already headed to Edinburgh for a summer of entertainment, take the time to explore the islands that pepper Scotland's coastline, writes *Jenny McBain*

The captain of the Hebridean Princess has a difficult decision to make. He has a shipload of 50 passengers who have set their sights on visiting the remote, Scottish archipelago of St Kilda. However, various forecasters have issued contradictory reports and it is impossible to be certain as to what the weather has in store at the outer reaches of the British Isles over the coming days.

St Kilda lies out in the Atlantic, 110 miles west of the nearest point of mainland Scotland. To reach it you have to cross a capricious, often ferocious stretch of water; a stretch that has challenged mariners for millennia. Yet Hirta, the main island we all want to get to, was the place where, right up until 1930, a small community subsisted on a diet largely comprised of sea birds. It is now a location imbued with romantic nostalgia for a lost way of life, where survival hung in the balance and the daily challenges were of an elemental nature.

We were piped aboard ship in the West Highland town of Oban earlier this morning. It's hard to believe this vessel is a former ferry; she has undergone a complete refit and the décor in the public areas is in the style of a sumptuous, country house while our

**Through the large windows
we can see the evening sun
glistening off the water and
melting into the mountainous
landscape beyond**

cabin has a spacious bathroom, complete with full-sized porcelain tub. Luxury and fine-dining are key components of this trip, but if we do not reach our prime destination, we will not be easily consoled.

Before dinner we are called to the main lounge where we are welcomed with Champagne and canapés. Through the large windows we can see the evening sun glistening off the water and melting into the mountainous landscape beyond. Captain Trevor Bailey is here and he has an announcement to make. "I've decided to alter the schedule and set sail for St Kilda directly instead of waiting for Saturday. All being well, we should arrive there tomorrow morning." The captain dismisses our grateful applause, saying that there is no guarantee that his plan will work. Nonetheless, there is an air of anticipation as we make our way to the dining room for the first of many wonderful meals.

A medley of delicious courses appears on the table. Portions are delicate and artfully presented and the service is discrete and attentive. Fittingly, there is an emphasis on seafood. Hand-dived scallops with bacon on a butternut purée are followed by roasted monkfish on a bed of potato and vegetables. We finish off with Scottish berries in a cream sauce and somehow still have appetite for petit fours.





Previous page: Hebridean Princess in St Kilda Bay
 This page, clockwise from top: Bird spotting by Shiant Isles; Captain Trevor Bailey; The Hebridean Princess; Parma ham and Artichoke salad. Photography by Margaret Soraya

Usually the ship only travels by day but on this occasion we settle into bed knowing that the rumble of the engines will be heard all night long as the crew keeps watch and we continue on our uncertain voyage.

Early next morning a peak out the porthole confirms that we are in a primordial seascape. I hurry up on deck and see vast numbers of seabirds circling around a column of volcanic rock that erupted out of the seabed some 60 million years ago. Cruise guide Malcolm Milne tells us that this is Stac Lee and that the men of St Kilda would climb the steep cliff face to hunt young gannets which could be dried for year round consumption.

Hirta is within reach and numerous stone-built cleits come into view. The rounded structures with turf roofs were used as food stores and even those that were constructed more recently bare fidelity to ancient design.

We are ferried ashore by tenders and spend time exploring the semi-ruined village in the company of Soay sheep. These hardy, goat-like creatures are believed to have been brought here by Viking marauders. Even on a miraculously sunny day, it is easy to imagine just how hostile an environment this can be: No wonder people are seduced by the notion of a community bound together by a need to share and to co-operate for the sake of survival.

A fearsome great skua patrols the skies above our heads and succeeds in deterring us from venturing too high up onto the verdant hilltop. We've been warned that these birds will swoop down on your head and draw blood if it perceives you as a threat. It is probably just as well that we decide not to go further because the grassy slopes give way suddenly in a vertiginous drop to the rocky shoreline on the other side of the island.

Back onboard, Captain Bailey is in a jubilant mood; The Hebridean Princess does not always manage to land in this iconic destination. The challenge now is to sustain the level of passenger satisfaction.

The weather plays its part by coming up with day after day of glorious sunshine: One day my friend and I borrow the ship's bicycles and cycle round the Island of Barra. When the ship arrives on the Isle of Skye we get to admire a colony of seals basking on the rocks in front of Dunvegan Castle.

This floating hotel is the epitome of understated luxury where ease and comfort are the order of the day. Attentive staff seem to know what we might want before an actual request has time to formulate in the mind and a well-stocked bar allows us to try different malt whiskies.

Another advantage of a small ship is that it can explore remote spots and drop anchor in interesting bays. This way we get to see puffins engaged in frantic flight off the coast of the tiny Shiant Islands. Our group is further honoured by the appearance of a pod of bottlenose dolphins, acrobatically leaping in and out of the waves in pursuit of fish.

As our trip draws to a close, we are contented guests who can think of many reasons to come back on board this special ship. Captain Bailey made the right choice when he ripped up the itinerary. ■



NEED TO KNOW

West Coast Wonders, departing from Oban, 7-14 October.

Ports of call include Ardfern, Rum, Inverie, Kyle of Lochalsh, Eigg and Tobermory.

Price per person starts from £2,695 based on two people sharing an inside cabin.

West Coast Explorer, departing from Oban, 14-21 October.

Ports of call include Portree, Shieldaig, Plockton, Armadale, Salen and Kingairloch Estate.

Price per person starts from £1,995 based on two people sharing an inside cabin.

For more information or to book, visit hebridean.co.uk or call (01756) 704 700

– THE – ROYAL Treatment

Katie Randall tests her bargaining mettle against the vendors of Morocco's souks and rests her weary head in a cloud-nine bed

You know you are in for an exceptional holiday when even your bag has its own seat at the dinner table. “Mademoiselle, can I place this stool on your left?” prompts the suited waiter. “Why, of course,” I respond, secretly pondering whom our secret and, judging by the size of the seat, miniature extra guest will be. Before I have time to open my mouth to question our host, my bag is placed next to me, proudly presiding over the homemade breadbasket. “Just in case you need anything from it,” my waiter smiles. I am not even this conscientious to guests in my own home; my trip to the Royal Palm Marrakech is off to an excellent start.

Obviously there are places in Europe of astounding natural beauty, but you need to travel further afield, but not by much, to Africa, to see azure blue and fiery red dragonflies zip and glide across the poolside. They dance around your head as you enjoy a balmy afternoon dip.

Marrakech is a mere three hours from London Gatwick, yet as soon as you step off the plane, undulating heat waves creep into your periphery as if you're in a movie. Marrakech exudes an inescapable exoticism; you see it in the gently sloping, smooth terracotta curves of the architecture – arch being the operative word – and you smell it in the heady, musky scents of the city streets. I can't wait to get out to explore. ●





◆ The city itself – souks, marketplaces, rooftop bars and tiled riads – is vibrant but hectic. One of the best ways to experience Marrakech, in my humble opinion, is to stay a stone’s throw outside the centre, enabling you to escape the bustle should you wish to retreat with nothing but your thoughts and a mint tea.

After my visit to Beachcomber’s Royal Palm Marrakech, it certainly sits top of my list. With the

has already hosted premium players and is expected to become one of the most pre-eminent courses in the whole of Morocco. The club features an academy for adults and children to practise their puts and drives, as well as an elegant clubhouse, which is currently in construction.

Golf, however, is not my forte; I am more interested in the pool. The Royal Palm boasts two; the spa pool is secluded and tranquil, whereas the main pool wraps

When you can finally prize yourself from the elegant Berber-inspired architecture of the hotel, a trip to the souks beckons

Atlas Mountains dominating the view and probably the best bed I have ever had the pleasure of sleeping in, Beachcomber has outdone itself with this new outpost. But the bed is no surprise; the travel group is renowned for being a connoisseur of a fine night’s sleep – it must be in cahoots with the Sandman. What does surprise me, however, is the beautifully manicured 18-hole golf course and facilities. Created by one of the world’s top golf course designers, Cabell B Robinson, the sweeping site

around the hotel, with epic views of the Atlas Mountains. This is where I spend most of my time, dancing with dragonflies and reading under olive trees – more on which in a moment. If you enjoy catching rays in the privacy of your own room, I would recommend choosing a ground floor suite; those on the upper levels are exquisite, but the balconies do not enjoy as much direct sunlight.

The property features 4,500 olive trees; the avenues winding across the site are lined with them.





All images:
Royal Palm
Marrakech



I highly recommend starting all of your meals with a little saucer of homemade olive oil, produced on site, and freshly-baked bread. For lunch, sup in L'Olivier, a poolside patio restaurant where I devoured prawn soup with coconut milk, lemongrass and ginger, as well as wafer-thin grilled vegetables with fresh thyme and Buffalo mozzarella.

Come evening, my group hightail it to the atmospheric Le Caravane, the main formal dining room. As we wander over a little candle-lit bridge over a pool of clear water, I spy intimate alcoves with tables for two, as well as larger tables overlooking the grounds, for families. Our destination, however, is the Arthurian-style circular captain's table, situated in a private room – where my handbag gets the aforementioned A-list treatment.

Try the Moroccan salads, a round dish featuring many little delicacies; I am captivated from start to finish, from sweet butternut squash and almonds to zesty salsa verde. Of course, the tagines are undeniably tasty too; led by Philippe Jourdin, a multiple-Michelin starred French chef, the four restaurants all present varied, mouth-wateringly tempting menus.

When you can finally prize yourself from the elegant Berber-inspired architecture of the hotel, a rich land of culture beckons. Families can choose to leave little ones in the exemplary kids club – and with its own pool, giant fluffy sheep, a treehouse, painting and dress-up area and musical instruments, I am not sure the children will even want to come with you.

The hotel will book a car and a guide, if you so wish, and it is only a short drive into the centre of Marrakech. Majorelle Gardens should be on one's

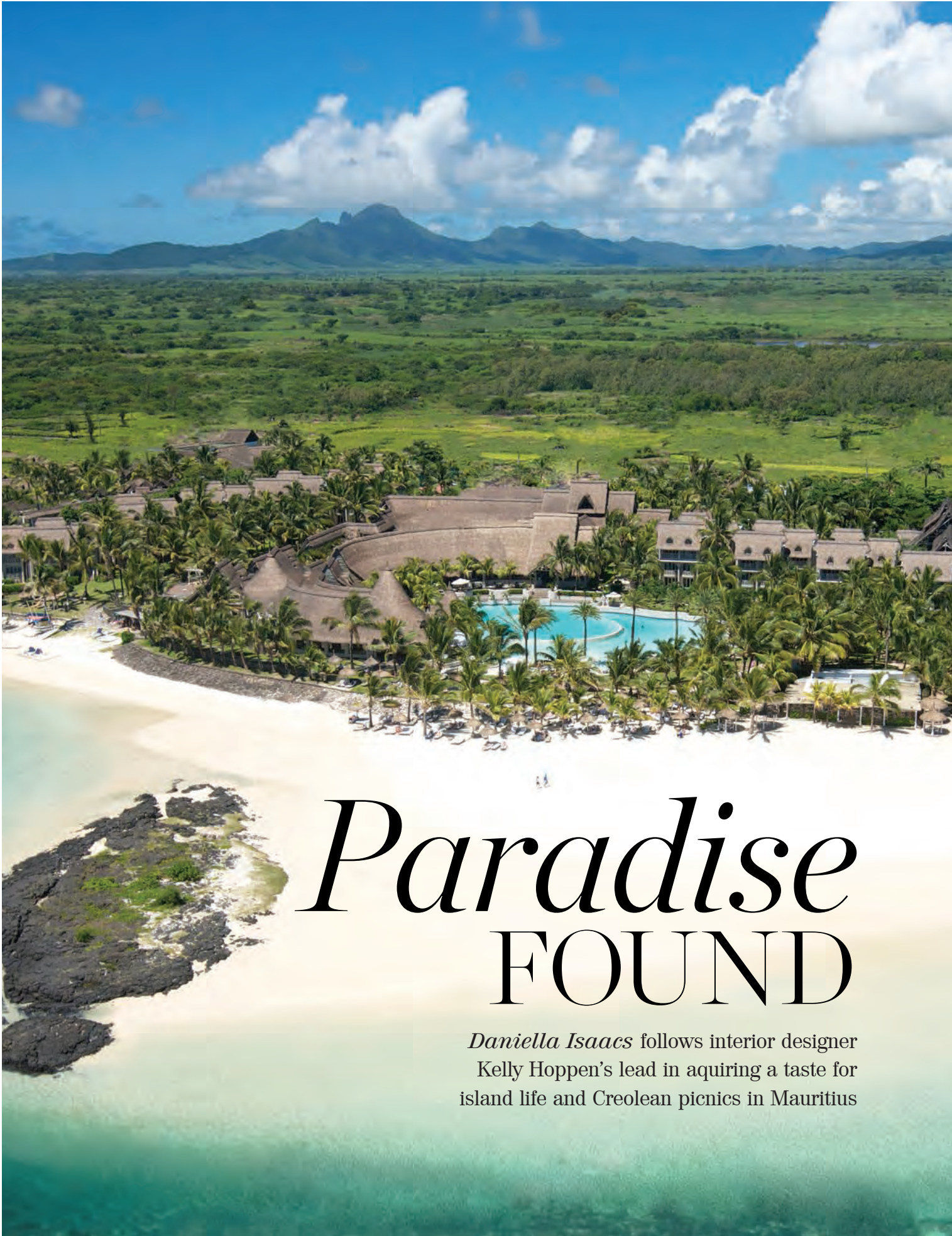
agenda, in order to see cactus and bamboo forests, as well as the picturesque bright blue home of Jacques Majorelle. From here, our guide takes us to Palais Bahia, a presidential home created for a favoured wife. It is rumoured that a certain American rapper hosted a birthday party here in recent years, in the Haram, the residence of the courtesans. We also travel to the Medersa, a 14th century elite university dedicated to the study of science, philosophy and mathematics. As we wander the corridors and peer into the tiny apartments of the scholars, I can't help but shiver as the weight of history bears down on me.

After the cultural tour, shopping in the souks is a must – visit Maison du Caftan for beautifully-made, striking designs and Herboristerie Bab Agnaou for traditional spices and Moroccan oil – but ask the hotel to connect you with a guide for optimum bargain bagging and always offer half the first price they state. My final tip? Round off your day with cocktails at sunset on the roof of La Salama, followed by dinner on the floor below for a truly authentic and unforgettable Moroccan experience. There is no time to waste – the souks await. ■

NEED TO KNOW

Three nights in a two-bedroom Garden Suite for two adults and two children under 12 on a B&B basis, including flights with British Airways from Gatwick and private hotel transfers, from £835 per person sharing.

Call Beachcomber on 01483 445 685 or visit beachcombertours.co.uk



Paradise FOUND

Daniella Isaacs follows interior designer Kelly Hoppen's lead in acquiring a taste for island life and Creolean picnics in Mauritius



Creeping delicately behind the flowerbeds so that no one could catch me, keeping my eye firmly on the prize, I made one final leap to victory. I grasped the sand-filled bottle and noticed the scroll surreptitiously placed inside it. I had found the ‘message in the bottle’ and triumphantly swaggered over

to the reception to receive my prize: any spa treatment my heart desired. Squealing with delight, I looked up to see Navassan, the charming pool tender, grinning at me. Severely embarrassed, I realised that the charm of the LUX Resort had caused me to revert to my over-excitable childhood self.

LUX Belle Mare is situated within the seaside village on the east coast of Mauritius. As expected, it is a honeymooner’s paradise equipped with all the tropical desires that any newlywed could wish for. The island fulfills all the clichés; white sand that is so soft shoes become redundant, water so crystal clear that hours can be spent ogling at the array of tropical fish swimming at your feet and a view that warrants an endless stream of selfies to make friends and family jealous at home. That said, this tropical resort is just as magical for the entire family. Bursting with special personal touches; from pop-up bakeries to secret bars, LUX Belle Mare is certain to bring out childlike enthusiasm in all its guests. The mantra of the resort is to ‘help people celebrate life’ and that applies to everyone from children to grandparents; the resort is focused on making sure that every guest leaves with a new found zest for island life.

As soon as the colossal white gates at LUX Belle Mare peeled open, I immediately got into holiday mode. Every sense was rewarded on arrival – orange blossom-scented chilled towels (from LUX’s own beauty range) were at the ready; a fresh pineapple, watermelon and mint smoothie was guzzled down immediately and before I had time to reach for my luggage, a masseuse ushered me out of the car, sat me down and began to tease all the stresses of London life away.

With 174 suites, all of which are sea-facing, I was able to fall asleep each evening with the soft lullaby of the waves lapping against the beach. High-profile interior designer and *Dragons’ Den* star Kelly Hoppen has added her ‘taupe’ touch to the resort; her neutral yet elegant style is noticeable in all of the suites. Celebrating the east-meets-west concept, the beige and white linens are given a holiday revamp with big splashes of bright colour. From fuschia pillows to bright orange rugs, the rooms feel light, fresh and tropical. I particularly liked the straw fedora hanging by my door, which added style credentials to my beach look.

If you’re after total privacy, there are two stunning family villas available. With private swimming pools, jacuzzis and a thatched outside dining area, each provides the perfect cocoon for a secluded holiday.

Once I ventured out of my room, island life was calling to be explored. And with such a huge range of activities on offer, adults and kids will be spoilt for choice as to how best kick-start proceedings. 📍





● Firstly, the food. Food centered entertainment is huge at LUX; in fact, the resort even has its very own ice cream brand, ICI. With a huge range of exciting flavours, kids (and myself) can spend their days indulging in all types of delicious varieties; my personal favourite was the fiery pineapple and chilli flavour. For the more acquired palette, there is sometimes a sea urchin flavour on offer (which, if you are wondering, has a similar taste to peanut butter). Having noticed that the standard of coffee on the island was not up to scratch, LUX created its own ‘Café LUX’ coffee, which is roasted on-site. So all coffee snobs can rest assured that every caffeine-fuelled desire will be catered for, (and schedule a tour around the on-site roastery).

With five different eateries, three bars and a cafe, you certainly won't get bored. The fine dining restaurant, Senses, is surprisingly laid-back, and embraces the culinary flair of the Indian subcontinent and the myriad islands of the Indian Ocean. From turmeric and cumin-flavoured Mauritian curry to perfectly spiced grilled king prawns, the inhabitants on the island have influenced an incredibly rich and diverse cuisine. The resort's latest place to wine and dine is Beach Rouge, which has a chilled-out holiday vibe and the ocean vistas to boot. The chef has handpicked his favourite summer inspired meals, which are accompanied by an extremely long cocktail menu (there are non-alcoholic fruity options so the kids can join in on the fun too.) With such a range of eateries to choose from, every request was adhered to, from fresh coconut water plucked straight from the tree, to lemongrass tea sourced directly from the herb garden. Whatever you want, you'll get and most probably it'll be the best you've ever had.

If you can spare some time away from indulging in the exquisite food, or feel the urge to get up from your sun lounger (highly doubtful), there are a raft of other tempting experiences within the resort too. I began each day with yoga on the beach (a far cry from the best that even Hampstead has to offer). The instructor ended each session with meditation, looking out onto the turquoise waters, which left me feeling more than a little Zen for the rest of the trip.

If yoga isn't your sport of choice, then it's worth

taking a dip in the pool as it's the largest in Mauritius or, if tennis is your preferred activity, then be sure to take the kids along as LUX is focused on giving budding tennis champs top tips to improve their game. They've even purposely composed music scores that help kids grasp the concept of timing the perfect swing! The entire family can take part in cupcake decorating sessions under the careful eye of one of the hotel's pastry chefs, there are daily boat trips to the local coral reef, and to round off each day, there are screenings on the beach, so guests can watch a film under the crystal clear canopy of the stars.

After a couple of days spent in the blissful Belle Mare, it felt like a jolt of the senses would be needed to prepare us for our return to London life. To that end, I travelled 45 minutes by plane, for a stopover at the resort's sister hotel in Ile de la Reunion, a tiny outpost of France right in the centre of the Indian Ocean. Due to millions of years of volcanic pressure, the dramatic landscape on the island is unlike any other I have witnessed. In the short journey from the hotel to the area of Cilaos, the surroundings changed from lunar landscapes of the volcano to lush green fields of the mountain cirques. It is no wonder the island has become a mecca for adrenaline junkies. Canyoning, hiking, paragliding, skydiving, mountain biking – whatever rush you require, chances are, you will find it here.

We finished with an authentic Creole picnic, high up in the mountains, where we feasted on marlin curry, juicy Victoria pineapples, and generous amounts of rum; the colourful food perfectly reflecting the vibrant surroundings and cultures of La Reunion. Sitting under the coconut palm trees, looking out onto the calm lagoon, this was a perfect ending to a week of languishing in the sun.

After a few days celebrating life's simple pleasures; sun, sea and handwritten messages in bottles, I had found my paradise. And I'll find any excuse to return. ■





NEED TO KNOW

Return fares from Gatwick to Mauritius from £756 return. Rates at LUX* Belle Mare start from €200 per night in a Junior Suite, based on two people sharing, excluding breakfast and taxes. Rates at LUX* Ile de la Reunion start from €170 per night in a Superior Room, based on two people sharing, excluding breakfast and taxes. Air Austral, offer flights between Mauritius and Ile De La Reunion.

air-austral.com



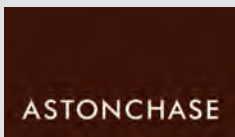
LISTING

SEE BELOW FOR ESTATE AGENTS IN YOUR AREA



ARLINGTON RESIDENTIAL

8 Wellington Road
NW8 9SP
020 7722 3322
arlingtonresidential.co.uk

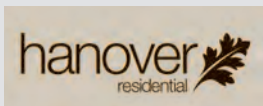


ASTON CHASE
69 / 71 Park Road
NW1 6XU
020 7724 4724
astonchase.com



HAMPTONS INTERNATIONAL
99 St John's Wood Terrace
NW8 6PL
020 7717 5319

21 Heath street
NW3 6TR
020 7717 5301



HANOVER RESIDENTIAL
102 St John's Wood Terrace
NW8 6PL
020 7722 2223

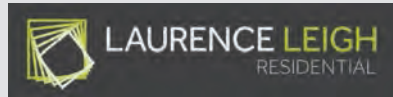
31a Thayer Street
Marylebone
W1U 2QS
020 3540 5990
hanover-residential.com



KNIGHT FRANK
5-7 Wellington Place
NW8 7PB
020 7586 2777

79-81 Heath Street
NW3 6UG
020 7431 8686

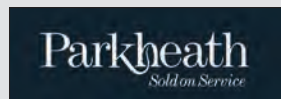
55 Baker Street
W1U 8EW
020 3435 6440
knightfrank.co.uk



LAURENCE LEIGH
020 7483 0101
laurenceleigh.com



MARSH & PARSONS
35 Maida Vale
W9 1TP
020 7368 4458
marshandparsons.co.uk



PARKHEATH
208 Haverstock Hill
NW3 2AG
020 7431 1234

8a Canfield Gardens
NW6 3BS
020 7625 4567

192 West End Lane
NW6 1SG
020 7794 7111

148 Kentish Town Road
NW1 9QB
020 7485 0400
parkheath.com



PROPERTY DIVAS LIMITED
34a Rosslyn Hill
Hampstead
NW3 1NH
020 7431 8000
propertydivas.com



SAVILLS
7 Perrin's Court
NW3 1QS
020 7472 5000

15 St John's Wood High Street
NW8 7NG
020 3043 3600



020 7794 8700
www.t-k.co.uk

TK INTERNATIONAL
16-20 Heath Street
NW3 6TE
020 7794 8700
t-k.co.uk

VANTAGE

PROPERTY

SHOWCASING THE *finest* HOMES & PROPERTY FROM THE BEST ESTATE AGENTS

ELEGANT *AND*
EXCLUSIVE

THE LATEST PRIME PROPERTIES





Regents Park Road, Primrose Hill NW1

Beautifully presented family home with parking

An exceptionally well presented semi detached stucco house with front and rear gardens. 5 bedrooms, 2 bathrooms, 2 reception rooms, family room, kitchen, guest WC, studio with guest WC and kitchen, utility room, private garage, rear garden, terrace. EPC rating D. Approximately 382 sq m (4,114 sq ft).

Freehold

Guide price: £7,000,000

(SJW130363)

[KnightFrank.co.uk/st-johns-wood](https://www.knightfrank.co.uk/st-johns-wood)
stjohnswood@knightfrank.com
020 7586 2777





Cumberland Terrace, Regent's Park NW1

Beautiful Nash four bedroom house

Master bedroom suite, 3/5 further bedrooms, family bathroom, 2 guest cloakrooms, drawing room, dining room, kitchen/breakfast room, library, sun room, study, games room, balcony overlooking the park, 2 courtyards, storage vaults, garage, private parking, access to communal gardens. Approximately 494 sq m (5,325 sq ft).

Leasehold

Guide price: £9,250,000

[KnightFrank.co.uk/st-johns-wood](https://www.knightfrank.co.uk/st-johns-wood)
stjohnswood@knightfrank.com
020 7586 2777





ELM ROW
HAMPSTEAD NW3

FREEHOLD
£6,500,000

JOINT SOLE AGENTS

A wonderful early Georgian family home built in 1723 which has been in the same family ownership for over 25 years. This exceptional Grade II Listed property features many original period details, a beautiful south facing walled garden, private garage and stunning views towards Central London. The house was formerly the home of Sir Henry Cole, the founder of the Victoria and Albert Museum.

ACCOMMODATION AND AMENITIES
Principal bedroom with en-suite bathroom and dressing room on mezzanine floor, 4 further bedrooms (dependent on the application of the rooms) with 2 further bathrooms (1 en-suite), drawing room, dining room, study, studio room, kitchen with adjoining family room/breakfast room, utility room, 2 guest cloakrooms, wine cellar, store room, private garage, extensive residents permit parking in adjacent Hampstead Square, fabulous 48ft south facing walled garden.



**QUEEN'S GROVE
ST JOHN'S WOOD NW8**

**FREEHOLD
GUIDE PRICE £8,500,000**

JOINT SOLE AGENTS

A six bedroom imposing Stucco fronted semi-detached family home (387sq m/4,172sq ft). This Victorian period home has ample reception rooms with excellent ceiling heights on the ground floor and family living accommodation with a large dining room and staff accommodation on the lower ground floor.

ACCOMMODATION AND AMENITIES
Principal bedroom with en-suite bathroom and dressing room, 5 further bedrooms (including staff), family bathroom and 2 shower rooms, library/study, drawing room, sitting room, dining room, family room, kitchen/breakfast room, guest cloakroom, balcony, 93ft landscaped rear garden, private gated parking for 3 cars, wine cellar, store room. EPC=E.

ASTONCHASE



LANGFORD PLACE ST JOHN'S WOOD NW8

FREEHOLD
£5,985,000

JOINT SOLE AGENTS

A light and spacious newly refurbished Victorian semi-detached six bedroom family home (318sq m/3,432sq ft) with excellent entertaining rooms, well planned accommodation and off street parking for two cars.

ACCOMMODATION AND AMENITIES
Principal bedroom with large en-suite dressing room and bathroom, 5 further bedrooms, 3 further bathrooms, shower room, double length reception/dining room, study, kitchen/breakfast room leading to family room, 2 guest cloakrooms, utility room, off street parking for 2 cars, rear garden, air conditioning, underfloor heating, provision for integrated music system. EPC=E.



**CHESTER TERRACE
REGENT'S PARK NW1**

**LEASEHOLD 132 YEARS
£8,250,000**

SOLE AGENTS

An outstanding Grade I Listed Nash residence (387sq m/4,166sq ft) in need of modernisation with direct views towards Regent's Park. The property is arranged over five floors with a lift and offers well planned accommodation featuring high ceilings and well-proportioned rooms.

ACCOMMODATION AND AMENITIES

Drawing room, sitting room, dining room, kitchen/breakfast room, principal bedroom with en-suite bathroom, dressing room and study, 4 further bedrooms, 3 family bathrooms, staff bedroom with kitchen & living/dining room, cloakroom, lift to all floors, 3 storage vaults, single garage, residents parking, access to private communal gardens. EPC=E.

Parkheath

Sold on Service

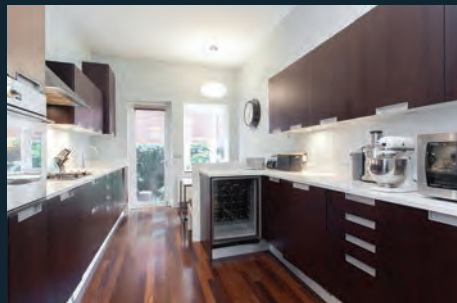
*Sold on
Heritage*

www.parkheath.com



Parkheath

Sold on Service



Eton Avenue NW3

£1,950,000

A stylish ground floor lateral apartment within an impressive link detached property with south-facing rear garden. One of the area's premier roads, Eton Avenue is moments from Primrose Hill, and connects Swiss Cottage and Belsize Park.

1,430 sq ft/132 sq m
2 double bedrooms, 2 bathrooms
20' reception, 15' conservatory
16' kitchen/dining room
Private landscaped garden

Contact Belsize Park Office
020 7431 1234

South Hampstead
020 7625 4567
mw6@parkheath.com

West Hampstead
020 7794 7111
192@parkheath.com

Property Management
020 7722 6777
pm@parkheath.com

Belsize Park
020 7431 1234
mw3@parkheath.com

Kentish Town
020 7485 0400
kt@parkheath.com

Head Office
020 7794 7111
headoffice@parkheath.com

Parkheath

Sold on Service



Haverstock Hill NW3

£1,550,000

In the heart of Belsize Park, a beautifully presented and bright top floor maisonette with balcony. Tree-lined Haverstock Hill runs north to south between Hampstead and Belsize Park.

1,500 sq ft/139 sq m
Entire 2nd and 3rd floors
Magnificent 33' reception
3 double bedrooms
Well located for facilities

Contact Belsize Park Office
020 7431 1234

South Hampstead
020 7625 4567
nw6@parkheath.com

West Hampstead
020 7794 7111
192@parkheath.com

Property Management
020 7722 6777
pm@parkheath.com

Belsize Park
020 7431 1234
nw3@parkheath.com

Kentish Town
020 7485 0400
kt@parkheath.com

Head Office
020 7794 7111
headoffice@parkheath.com

Parkheath

Sold on Service



Belsize Square NW3

£1,695,000

In a peaceful and highly sought after square, a spacious garden apartment within a signature Belsize Park semi-detached stucco villa. This tranquil setting is moments from multiple facilities at Belsize Village and Swiss Cottage.

1,261 sq ft/117 sq m
21'9" reception
21' kitchen/dining room
3 double bedrooms
Private south-west facing garden

Contact Belsize Park Office
020 7431 1234

South Hampstead
020 7625 4567
mw6@parkheath.com

West Hampstead
020 7794 7111
192@parkheath.com

Property Management
020 7722 6777
pm@parkheath.com

Belsize Park
020 7431 1234
mw3@parkheath.com

Kentish Town
020 7485 0400
kt@parkheath.com

Head Office
020 7794 7111
headoffice@parkheath.com



Celebrating
20 years
 of handling
 quality property
 in central and
 and North-West London



Hundreds
of Millions

of pounds worth of
properties transacted

SALES TO
SIXTY-ONE
DIFFERENT
NATIONALITIES

64%

OF TRANSACTIONS TO OVERSEAS
BUYERS IN THE LAST THREE YEARS

Thousands of homes rented

One office. One dedicated team





ST JOHN'S WOOD

LONDON NW8

A RECENTLY CONSTRUCTED CONTEMPORARY HOUSE SET WITHIN AN AWARD WINNING GATED DEVELOPMENT WITH 24HR CONCIERGE SECURITY. THE HOUSE IS PRESENTED IN EXCELLENT DECORATIVE CONDITION AND PROVIDES CIRCA 3,600 SQ FT / 350 SQ M OF ACCOMMODATION INCLUDING A LARGE DOUBLE GARAGE.

SOLE AGENT

AVAILABLE FOR RENTAL AT £2,500 PER WEEK

AVAILABLE FOR SALE AT £3,650,000

5 BEDROOMS, 5 BATHROOMS, RECEPTION ROOM, DINING ROOM, KITCHEN, GUEST CLOAKROOM, LARGE TERRACE, PATIO, UNDERGROUND PARKING FOR 2 CARS.

1994 - 2014

CELEBRATING 20 YEARS OF HANDLING QUALITY PROPERTY



ST JOHN'S WOOD

LONDON NW8

A LOW BUILT DETACHED HOUSE PROVIDING WONDERFUL FAMILY ACCOMMODATION OF CIRCA 4,300 SQ FT / 415 SQ M WITH THREE SPACIOUS RECEPTION ROOMS AND A LARGE KITCHEN/BREAKFAST ROOM ON THE GROUND FLOOR. THE HOUSE OFFERS FLEXIBLE BEDROOM ACCOMMODATION AND BENEFITS FROM A WALLED REAR GARDEN, OFF STREET PARKING AND IS WITHIN A SHORT WALK OF THE AMERICAN SCHOOL IN LOUDOUN ROAD.

MAIN AGENT

AVAILABLE FOR RENTAL AT £6,950 PER WEEK

7-8 BEDROOMS, 4 BATHROOMS, 3 RECEPTION ROOMS, KITCHEN/BREAKFAST ROOM, CELLAR, GARDEN AND PATIO, OFF STREET PARKING.

Arlington
RESIDENTIAL

SALES & LETTINGS

020 7722 3322
ARLINGTONRESIDENTIAL.COM

hot property

URBAN RETREAT



Composed of wide avenues and waterside eateries, the area of Little Venice feels far removed from the hectic nature of city life and, set back from the main street in Randolph Road, The Red Brick House is a suitably grand hideaway.

The property, built circa 1929 by the respected Scottish architect, Charles Stanley Peach, is housed over three floors and boasts a beautifully refurbished interior. Ideal for a family, it has four bedrooms including his-and-hers dressing rooms to the master bedroom, a study and an expansive kitchen/breakfast

room, as well as impressive entertaining spaces and a wine cellar.

The home cinema room comes equipped with a bar area, while an impressive leisure suite incorporates a gymnasium, steam room, shower area and swimming pool with a wave machine. Outside, the property has a roof terrace, landscaped garden and two garages.

As well as the main building, this property grants ownership of 'Mews House', a separate three bedroom home which includes a family bathroom and a dining room.

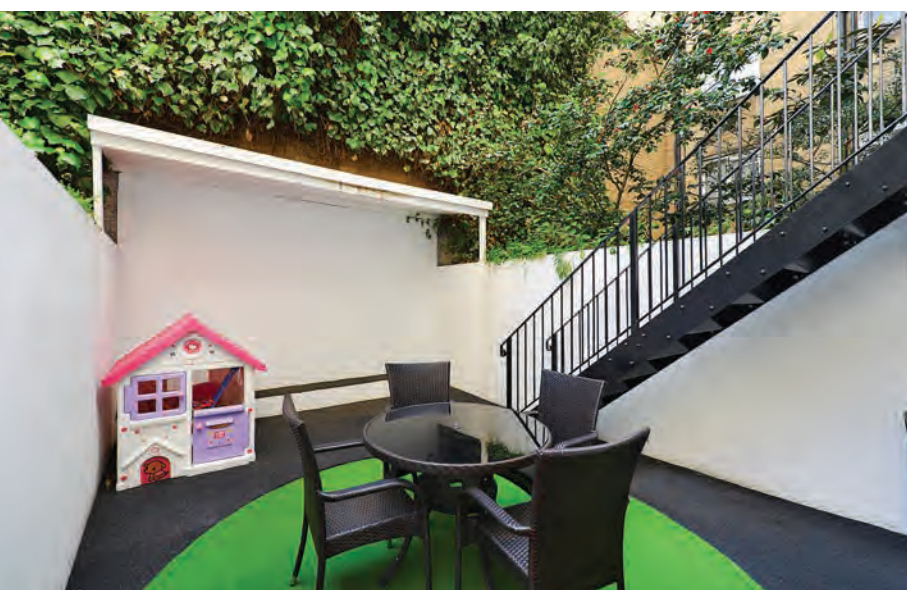


RANDOLPH ROAD, W9

PRICE ON APPLICATION

Knight Frank
knightfrank.co.uk

020 7586 2777



Wyndham House Marylebone, W1H

This bright and airy, recently refurbished four bedroom apartment is set on the raised ground floor of this small purpose built, portered block on the highly sought after Bryanston Square. This fantastic family home benefits from excellent natural light, a private patio garden, air conditioning as well as electric blinds. Bryanston Square, located in the heart of Marylebone, is one of the area's most prestigious garden squares. It is ideally located for the shopping, restaurant, leisure and transport facilities of both Marylebone High Street and Oxford Street. Regents Park and Hyde Park are both within easy reach.

Joint Sole Agent

£2,295,000 Leasehold

hanover
residential 

West End Office
31a Thayer Street, Marylebone, London, W1U 2QS

020 3540 5990

info@hanover-residential.com

hanover-residential.com

St Johns Wood Office

102 St John's Wood Terrace, London NW8 6PL

020 7722 2223

info@hanover-residential.com

hanover-residential.com

Situated at the summit of Holly Walk, Moreton Lodge forms the major part of this historic Jacobean style mansion built in 1896 and it would not be unfair to say that it is arguably one of the most unique and striking homes in the Village.



HAMPSTEAD VILLAGE

NW3



Enjoying its own private entrance and set back behind a driveway with off street parking for two/three cars, this property oozes period features and remarkable spaces, including the main reception room with its 23' high ornately decorated barrel vaulted ceiling and minstrel's gallery, timber panelled reception/dining room and leaded glass windows with stone mullion surrounds.

In addition to the above, the internal accommodation (of circa 1800 sq ft), is arranged mainly over two floors only and also provides three bedrooms, three bathrooms (two-en suite), kitchen, conservatory, guest WC and cloakroom.

Wrapping itself around the house is a beautiful and mature secluded garden with lawned areas, deep flower beds and a feature waterfall.



PRICE UPON APPLICATION
SHARE OF FREEHOLD
EPC: E

hanover
residential

020 7722 2223
hanover-residential.com

TK International

Property Consultants
020 7794 8700
www.t-k.co.uk



SOLD

HEATH DRIVE, HAMPSTEAD NW3

GUIDE PRICE £6,000,000



SOLD

KIDDERPORE GARDENS, HAMPSTEAD NW3

£5,950,000



SOLD

NEW END, HAMPSTEAD NW3

£2,150,000



SOLD

FERNCROFT AVENUE, HAMPSTEAD NW3

£4,695,000



SOLD

BRIARDALE GARDENS, HAMPSTEAD NW3

£2,695,000



SOLD

THE ROUNDHOUSE, HAMPSTEAD NW3

£5,950,000

TRUE MARKET KNOWLEDGE SUCCESS BUILT ON EXPERIENCE ...

*Figures quoted were asking/guide prices



SOLD

ELM WALK, HAMPSTEAD NW3

£7,950,000



SOLD

RANULF ROAD, HOCROFT ESTATE NW2

£5,000,000



SOLD

THE OLD ORCHARD, HAMPSTEAD NW3 GUIDE PRICE **£2,500,000**



SOLD

HOLLYCROFT AVENUE, HAMPSTEAD NW3

£4,950,000



SOLD

THURLOW ROAD, HAMPSTEAD NW3

£7,950,000



SOLD

DENNING ROAD, HAMPSTEAD NW3

GUIDE PRICE **£3,500,000**

**... CONTACT US FOR AN
EXPERT MARKET APPRAISAL**



TK International

Property Consultants
020 7794 8700
www.t-k.co.uk

HOLLYCROFT AVENUE • HAMPSTEAD NW3



Situated on the preferred West side of this popular road, a beautifully presented and generously proportioned (4,637 sq ft) six bedroom, semi-detached Edwardian house with the internal accommodation arranged over four floors plus the benefit of gated off street parking.



Property Consultants
020 7794 8700
www.t-k.co.uk

The house is offered in extremely good decorative condition and provides an excellent balance between bedroom and reception space with the choice of five dedicated entertainment areas including drawing room, dining room, family room, TV room (with a 13' roof terrace) and conservatory with direct access on to landscaped and mature 86' garden. EPC rating E.

TO RENT £3,750 PW • FOR SALE £5,850,000
SOLE AGENT

Tenant Fees Apply Administration and reference fee per person £180 incl vat, other additional costs may apply please request our tenant costs guide

HAMPSTEAD GARDEN SUBURB • NW11



A substantial double fronted six bedroom, four bathroom detached family house in this sought after location directly opposite the Hampstead Heath Extension.

This house is offered in excellent condition throughout and benefits from a spacious double reception room, modern fully fitted eat-in kitchen, further family room, utility room, guest WC, master bedroom with en suite, further five bedrooms, six bathrooms, private patio and lawn garden to the rear. This house is conveniently positioned for all the amenities of the Suburb, Hampstead Heath and Golders Green (Northern Line Tube). EPC rating D.

£2,500 PW
SOLE AGENT



Property Consultants
020 7794 8700
www.t-k.co.uk

Tenant Fees Apply Administration and reference fee per person £180 incl vat, other additional costs may apply please request our tenant costs guide

We are proud to have been awarded...

National Estate Agency of the year

The Negotiator Awards 2013
(for the 2nd year running!)

Best Customer Service

Sunday Times Estate Agency of the Year 2013 - Gold
(for the 2nd year running!)

Community Champion of the Year

The Negotiator Awards 2013 - Silver

Best London Estate Agency

Sunday Times Estate Agency of the Year 2013 (Medium) - Gold
(for the 4th year running!)



Fermoy Road W9 £2,350,000

This newly refurbished and fully extended family house is located on a quiet residential street close to Westbourne Park underground station. The spacious accommodation includes a double reception room and a large eat-in kitchen with concertina doors opening out to a sunny walled garden. Upstairs there are five double bedrooms (two en suite) and a family bathroom. The property benefits from side access with a covered storage area ideal for bikes and garden equipment. Freehold. EPC=E. **Joint Sole Agent.**

LITTLE VENICE: 020 7993 3050 sales.lve@marshandparsons.co.uk

MARSH & PARSONS

**Estate Agent
of the Year***

**4 YEARS
RUNNING**



The Times & Sunday Times Awards

* Best Medium London Agent, The Times & Sunday Times Awards

OYSTER PERPETUAL
LADY-DATEJUST PEARLMASTER



ROLEX



Mappin & Webb

L O N D O N

132 REGENT STREET, LONDON W1B 5SF

WATCH FEATURED SUBJECT TO STOCK AVAILABILITY